

HERITAGE AGRITOURISM TOURS

We offer ten routes through Latvia and Lithuania to enjoy the offers of historical heritage agritourism. You will learn about various areas of agriculture, including farming, fishing, food production and craftsmanship. The routes can take several days and are of various lengths, and they can be travelled by car or by bike. The routes include agritourism destinations, as well as recommended accommodations.

www.celotajs.lv/agriheritage



ry. In the area of Ignalina, you will visit a watermill and a **collection of antique brewery tools**



– Pāvilosta – Liepāja – Pape – Palanga – Klaipēda – Šilute Rusne – Klaipēda – Nida – Klaipēda s trip will allow you to see seaside landscapes, learn interesting pier and huts for nets. Further along, groups of fish smokin people or more can enjoy the "Fisherman's Banquet" programme "Venic Roja. There you will hear stories about the lives, songs, dances and dolphi

3. LATGALE – AUKŠTAITIJA raft foods and artisans







jourmet journey in the



6. ŽEMAITIJA – KURZEME:

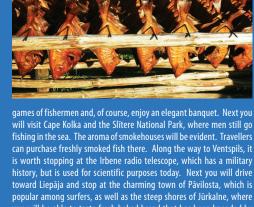


Palanga — Liepāja — Kuldīga — Talsi — Rīga

blackberries. Along the way you will visit the Courlandian Dune, the jams and canned vegetables. You will complete you tour in Rīga.



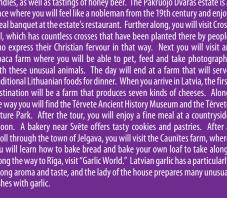
ountry goodies that the region offers today. In the 👘 traditional Lithuanian sweet, šakotis. After a stroll along the beautiful /kščiai District you will visit a farm where medicinal plants are grown, banks of Lake Zarasai, you will visit a windmill to learn how to bake oy some oak acorn coffee and herbal teas, and then head off for the bread and pancakes with rye flour. A nice end to the tour will be a visit village Ginučiai, where a special fish soup recipe dates back to 👘 to a brewery where unfiltered and living beer is brewed. There is also a



you will be able to taste fresh baked bread that has been kneaded b hand at a farm. Then you will get to Liepāja, which is the bir Kristaps Porziņģis, a basketball player who plays for the New Yo in the NBA. A special treat in Liepāia ir smoked cod with p sweet cream. You can visit a windmill that was built in 1885 and op after leaving Rīga will be Ragaciems, where 👘 village. Once you get to Lithuania, you will spend a day at the popu f Lithuania." Finally, visit the Kurši dunes, th









ea Museum and Delphinarium and the most popular spa town in th lunes, Nida. From there you will drive to Latvia, where the Pape Natu Park offers a look at wild horses, and the ethnographic Koni village the local market, which is more than 100 years old and offers seasor vegetables, fruit, greens and flowers from local farms. Next you will visit Route: Viļņa — Kernave — Kauņa — Jurbarkas — Klaipēda — Nida — an environmentally friendly farm that has 130 different types of apples and a wine operation that prepares wines from local fruits and berries. The farm uses biodynamic farming principles to grow beans and peas, as This tour will surprise you with the diversity and unusual products of well as to breed livestock so as to produce tasty sausages. Next you will farms. You will visit several farms that offer ecological produce that can visit the lovely Medieval town of Kuldiga and its brick bridge across the be tasted and purchased. From Vilnius, you will travel to an ecological Venta River. An environmental health farm will allow you to enjoy herbal goat farm that offers 60 types of cheeses made of goat milk. Next you teas and learn about various ecological cosmetics made of plants from the will visit an ethnographic Lithuanian farm that breeds horses and sheep. clean environment. Along the way you will enjoy the landscape of the You will spent a day in Kaunas to visit the Nemuna River valley, as well ancient Abava River Valley and visit the Sabile wine hill where grapes are as the Raudone and Panemune castles. A picnic at a farm with acorn grown to produce local wines. Next you will visit the charming small tow coffee, pancaked baked on a campfire and soup made of locally picked of Talsi, where you will find the Latvian Agriculture Museum. The tour will wild mushrooms. The ecological Buivydai farm breeds cattle and grows onclude at a farm which grows fruits and vegetables and offers syrups,

7. LATGALE – AUKŠTAITIJA: visiting open farms in the borderland of EU



tourists are here, and local residents are sincere and potteries ou will find traditional villages, many religious objects about breeding horse ultural heritage. You will ride through cheeses are made an ide the lovely Lake Rāzna. You through the Auk eum in Aglona. From there vou will ride Beekeeping I hich has an impressive 19th century fortress European Centre. To be sure.



nis trip will allow v ith an exhibition about farming from the late 19th century to the people will tell you about the story present day. The symbol of Kuldīga is a red brick bridge across the _____to the age of noblemen and baro



– Vecumnieki — Rīga The Zemgale region is a fertile flatland. There are many modern farms, including some that will allow you to learn about life in the countryside and the heritage of agricultural history. You will star

ind for children. You can spent the night in a field of gra





e name of the Žemait n means "lowland." You wil he territory of a former missile base. Then you will y e human emotions. Next vou will v





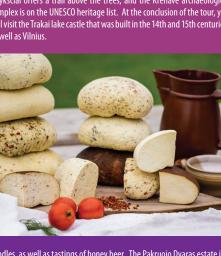
HOW TO TRAVEL TO AND AROUND LATVIA AND LITHUANIA	
AIRPORTS	E FERRIES
ain airports are located in the capitals: Riga and Vilnius. There are naller regional airports in Kaunas and Palanga in Lithuania where ternational airlines operate.	Several ferry ports connect the They are: Riga, Ventspils and Li
·	Stena Line
ATVIA ga www.riga-airport.com ITHUANIA	One of the largest ferry operato transport services in the Baltic S Sweden and between Latvia and
lnius www.vilnius-airport.lt aunas www.kaunas-airport.lt alanga www.palanga-airport.lt	Ventspils - Nynäshamn Liepaja – Travemünde www.stenaline.com
	DFDS Seaways
TRAINS ATVIA www.ldz.lv ITHUANIA www.litrail.lt	European cruises and ferry cross services in the Baltic Sea region. and between Lithuania and Gerr
BUS	Klaipeda – Karlshamn Klaipeda – Kiel www.dfdsseaways.com
ain bus terminals	Local ferries in Lithuania
ga www.autoosta.lv Inius www.autobusustotis.lt	Local ferries operate between th www.keltas.lt
usses between the Baltic states, neighbouring countries, Russia and Irope.	🖨 CAR RENTAL
ROM RIGA AND VILNIUS:	Avis, Budget, Sixt and Hertz are i

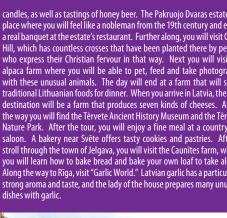
Lux Express: www.luxexpress.eu

Ecolines: www.ecolines.eu

Eurolines: www.eurolines.eu











ports connect the Baltics with Germany and Sweden. a, Ventspils and Liepaja in Latvia, Klaipeda in Lithuania. rgest ferry operators in the world. Passenger and freight vices in the Baltic Sea region. Ferries between Latvia and petween Latvia and Germany

ises and ferry crossings. Passenger and freight transport Baltic Sea region. Ferries between Lithuania and Sweder huania and Germanv

operate between the Curonian Spit and Klaipeda.

, Sixt and Hertz are international car rental companies with

B 3 2. HOLIDAY HOUSE "IN PITRAGS BY ANDRIS" B 3 3. THE ANCE ESTATE **İİİİ İ** Holiday House "In Pitrags

by Andris" is near Kolka and Mazirbe, in the small fishermen village Pitrags. Both holiday dge and camping area situated n a quiet forest, undisturbed area can accommodate about 50 tents and 3 trailers.

Lauku cejotajs" and can under no circumstances be regarded as reflecting the position of the European Union.

SODOUSOUV

VI.2(610192.WWW

sigiojaO ukusu

ΡΑΟΙΕCT PARTNERS

Kegional Development Fund.

www.europa.eu

Planned results

Project goals

Country

Holidays

ATOSTOGOS IKAJIMIE

u9.jilj6l.www

Project information: www.celotajs.lv/lv/project/14

of three handbooks, informative seminars and product accreditation).

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(ADATIAAH- IADA) "AINAUHTIJ ONA AIVTAJ NI

Interreg

Latvija-Lietuva

Accommodation available

GPS Geographical coordinates

purism that relates to historical heritage involves open farms, interactive

useums, private collections and other places where you can learn about the

conomic history of the countryside and the development of various agricultural

t and thanks. They still use the wooden trough in which their grandparents

e-mail

WHAT IS FOUND ON THIS MAP AND INSTRUCTIONS ON HOW TO USE IT

Ve have learned lessons from previous generations and from immigrants from other nations

ater we went to school and looked for everything that was new, moving from a plough that

pulled by a horse and a trough with grain to be sown around our necks to mighty tractors

hich use global navigation systems to process fields and have screens which show how ny tonnes of grain have been harvested. Still, modern farmers sometimes look into the

aised dough for bread, and they do not sell old threshing machines for scrap metal. They re happy to show these old things to others, talking about the business and farming spirit

of their dynasties. The agritourism map for historical research focuses on 102 places in Latvia (Latgale, Kurzeme and Latgale) and Lithuania (Aukštaitija and Žemaitija), where local farming

raditions are maintained and shown to travellers. The history of farms is a very broad area

so this map invites you to visit craftspeople, preparers of local foods and beverages, growers

of farm products, fishermen, farms, craftsmanship and fishing museums and collections. The

map of Latvia has a scale of 1:1,000,000), with 102 descriptions of venues, information about

the historical heritage of each locations, as well as contact information. The map has ten

rs from antiquity to the modern day.

Heritage Agritourism offer

Heritage agritourism farms open for visitors

Phone | + 371, + 370 Latvia and Lithuania phone codes

RURAL

in Latvia and 50 in Lithuania), linked via ten tourist routes.

3. A marketing and popularisation campaign.

.snoitibert prisesory bre printsetuner.

1. CAMPING "ŪŠI"

The proximity of Cape Kolka

the air with its redolent scent

of the sea and the pine trees,

and a unique identity – these

are the characteristics of Kolka,

and the Ūši farm has fully

absorbed them. Guests have a

house with a shower and WC

Kolkas pag., Dundagas nov., Latvija

Hikers can take a tour GPS Lat:57.74840 Lon:22.59617

GPS Lat:56.81774 Lon:21.71310

exhibition focuses on the life of of agriculture from 1918 until 1940.

Ulmanis, featuring an impres-sive collection of agricultural

cluding Latvia's largest wooden Bērzes pag., Dobeles nov., Latvija

This is an exhibition of $\overline{\mathbf{a}}$ +371 26670812

toward the development of www.piksas.lv

the life of Latvian President piksas@piksas.lv

www.ballas.lv

the country, and the development

GPS Lat:56.65992 Lon:23.48122

with traditional Latvian hives. 🎓 +371 29376385

You will learn all about bee- 🖬 info@ballas

www.kolka.info

to see the industrial history of Kolka, complete with theatrical 2 + 371 63276507, 29475692

elements and tasting of Latvia's 🛛 🞽 dzenetam@gmail.com

separate apartment in a country

13. Farm "BALLAS"

This farm has more than 20 years

with the help of a knowledge-

able guide. There are creative

workshops for children, games

for teams, tastings of products,

luncheons of soup cooked on

a campfire along with honey

keeping traditions.

24. PIKŠAS

ŮŮŮ Ů

The birthplace of Latvia's first

dent, Kārlis Ulmanis (1877-1942

prime minister and, later, presi-

was turned into a museum ir

1993. There are a house, an

ancillary building, a cattle shed

and barn and a granary. The

Kārlis Ulmanis, his contribution

36. KAFFJA ALĪDA

Aromatic coffee is produced

here from chicory and on the

basis of ancient recipes. All

of the ingredients come from

The owner will offer you a tour

taste and buy her coffee.

during which you will be able to

Here you will find untra-

47. APKALNMĀJAS

Here you will find everything

needed for horseback riding,

sacks, etc. You can tour the

products. The craftswoman will

stories about the traditional

lifestyle heritage of Latgale,

ettigalian lifestyle.

Visitors are invited to visit a

traditional Lithuanian ethno-

graphic cellar with tastings

of salt bacon with ecological

pickles, homemade cheese,

vine made by the owners. A

special treat is locally produced

🚢 🗋 The owners prepare tradi-

🔮 🕂 🕇 📢 🏹

The farm offers educational pro-

grammes about the specifics of

hemp products. During the

programme, visitors are treated

o products grown at the farm.

and non-shucked seeds, hemp

ZOFIJA TIKUIŠIENE

The owner of this questhouse

herapist who grows ecological

health issues. All visitors are

therapy, aroma therapy, and

This venue is a lovely and calm

place by a pond that will delight

number of fish. Guests will sleep

and has bedrooms, a kitchen and

in a granary that is 120 years old

all fishermen with a massive

Here you will also see a Juodonių k., Kamajų sen.,

traditional Lithuanian fowl farm. Rokiškio r., LT-42290

GPS N 55.7422241 E 25.4479296

🕋 +370 69834137

🞽 broniusj@gmail.com

gienic products and tea.

growing hemp, as well as about

The owners use hemp to Jakutiškių g. 16, Jakutiškiai

1. THE MEDICINAL PLANT FARM OF

feed for fishing, as well as hy- GPS N 55.223346 E 24.586075

is a homeopath and phyto-

medicinal plants. She offers and healing facility offers health pro-

adults and children, as well as The owner is a certified produc-

camps that offer a chance to GPS N 55.6285423 E 21.3949260

healthy nutrition. The sauna 🛛 🔤 algirdasliudas@gmail.com

nick medicinal plants to produce 🛛 🎓 +370 46232356, +370 61296079

92. THE BRONIUS JUZELSKIS GUESTHOUSE F 6

educational programmes for motion and beauty procedures.

a large library of books about er of ecological herbal teas.

welcome to enjoy medicinal Kojelių k., Agluonėnų sen.,

plant baths, herbal teas, colour Klaipėdos r., LT-96020

Ukmergės r.

+370 610810 52

info@kanapiuukis.

www.kanapiuukis.lt

0. THE "KANAPIU" FARM

viburnum tea.

tional viburnum syrups.

ural jams and apple or grape

(!

be delighted to talk about the

including reins, belts, leather

types of leather, try your hand

at the process, and purchase

Here you will hear Rēzeknes nov., Latvija

horse-related equipment, and apkalnmaias@inbox.lv

58. THE L. AND S. SADAUSKAS GUESTHOUSE G 4

local craftsmanship traditions. www.apkalnmajas.lv

the production of leather goods, 🆀 + 371 26597635

exhibition hall, learn about

ditional coffee based on ancient Elkšņi, Elkšņu pag.,

recipes that is made from barley, Viesītes nov., Latvija

how this coffee is brewed and 2 + 37126582074

be offered a taste of it. Kafeja.alida@gmail.com

carrots. You will learn about GPS Lat:56.21531 Lon:25.58134

www.kafeiaalida.lv

Adamova, Verēmu pag

GPS Lat:56.55240 Lon:27.35775

Jurbarko pl. 351, Antalkiai,

🖀 +370 61961958

Vilkijos apylinkių sen., Kauno r. sav.

monicasadauskaite@hotmail.com

GPS N 55.022109 E 23.626117

www.sadauskusodvba.l

surrounding fields and forests.

††† (! <u></u>

a location for picnics, as well as

VI_VIII

of experience with beekeeping

products and their sale. Groups of tourists can tour the farm

best sprats.

Inion. The contents of this solution of the European Union. The contents of this map are the sole responsibility of Rural Tourian are the sole responsibility of Rural Tourian are the sole responsibility of Rural Tourian are the sole are th

acebook: Atostogoskaime

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00921929128+**'4d**

vl.sįbtolec.www

-sletolec uku celotajs,

,vl.sįstolec@ukusi**:lism-3**

The budget for the project is EUR 235,881, of which EUR 200,499 come from the European

2. Educational support for farmers on establishing agritourism products (product criteria, a set

7. An agritourism product that is based on the cultural heritage of the countryside (5)

for the project are tarms that maintain inherited farming, trahing, craftsmanship and tood of the heritage, and facilitating increasing numbers of tourists in the region. The cornerstone

biesekviud chithiai ueutade' gevelopiud and popularising products and services on the basis product that is available throughout the programme territory in Latvia and Lithuania, thus

The aim of this project is to establish and popularise a sustainable trans-frontier agritourism

noinU neaponent in Latvia - Lithuania (AGRI - HERITAGE), which is funded by the European Union

This map has been prepared as part of the project "Heritage based agritourism product

PROJECT LLI-65, "HERITAGE BASED AGRITOURISM PRODUCT DEVELOPMENT

NSPORTI

Must register in advance

Accepts individual travellers

Open in (month of a year)

Accepts tourist groups

This destination has specific opening hours

agritourism routes with brief descriptions.

www.celotais.lv/agriheritage

For more information:

which you must determine in advance

ενυτείται

Adress: K. Donelaičio Street 2-201, Kaunas, Lithuania, LT-44213

"Atostogos kaime" Lithuanian country tourisa sopotsotA

Adress: Kalnciema Street 4, 3¹² floor, Riga, Latvia, LV-1046

"Lauku ceļotājs" country tourism association

fish, including plaice, bream and garfish, taste the resulting + 37126493087food and listen to stories about 🛛 🎽 andrisantmanis@inbox.lv seashore fishing traditions. www.pieandrapitraga.lv

14. The "STROPS" apiary

D 2

D 4

E 6

††† † 🕻 ! 🦣 This farm offers tours, seminars and training for beekeepers. You can visit the bees, help to grow queen bees, produce honey and candles, and taste some of the good things that come from

will inform you about beekeep-Turlavas pag., Kuldīgas nov., Latvija ing traditions and allow you Cīrava, Cīravas pag. to work as a beekeeper. The Aizputes nov., Latvija owners share their knowledge GPS Lat:56.71682 Lon:21.41135 during training sessions.

25. FARM "MEŽA CĪRULI"

††† † 🔪! 💒 Established in 1992, the Mežacīruli farm is in the Zaļenieki Parish of the Jelgava Administrative District, alongside the basin of the Lielupe River. The farm initially had 7.2 ha of land, 3 cows, 20 head of sheep and 6 sows. Today it has 700 ha of land, 300 dairy cows, equipment and instruments, in- about everyday lives on the farm. and a series of hothouses to grow lettuce and herbs.

> happy to receive guests and talk GPS Lat:56.57432 Lon:23.49571 about the origins of their fam, also demonstrating exhibition 🞽 mezaciruli@gmail.com agricultural processes.

One of the very few places in Latvia where you can see a farm typical of the historical region of Selonia with its typical buildings. The owners of "Gulbii" have collected a wealth of ancient household objects. Visitors can study the farm, examine a collection of medicinal plants, enjoy Selonian foods, or take a

This is a typical regional farm with a traditional arrangelearn about the everyday work of a farm and have a look at ancient farm tools and equipment. You gulbiumaias@inbox.ly

Here you can examine and purchase crafts by more than 40 Lettigalian craftspeople. A guide dressed in an Ancient Lettigalian folk costume will tell vou about the lives of ancient Baltic tribes, the emergence of and work, and traditions.

cient Lettigalian lives, the role of craftsmanship at a family farm, GPS Lat:56.54832 Lon:27.72690 the work that farmers used to do, (2011) + 371 29467925, 29123749 as well as various skills. Visitors 🛛 🖬 ligakondrate@inbox.lv

This venue offers tastings of honey beer and honey. You 🛸

who prepares honey beer, Kėdainių r., LT-58032 which is the oldest and most GPS N 55.4150039524

In Lithuanian it is called

This is an institution that offers leisure activities for people of all ages. Creative workshops and various lectures are focused on families to facilitate creativity. There are kites that allow chil-Iren to release their dreams into

Kauno r., LT-53419 Children and adults learn about textiles, ceramics and GPS N 54.927056 E 23.655742

"Čizo" beer is light, unfiltered the basis of ancient traditions and tastings.

offer a look at ancient methods Zarasy r., LT-32029

Older residents say that the guesthouse is located in the 늘 ings built in accordance with 🚺 ethnic architectural traditions, including a granary, a sauna and

programme.

the bakery's products. This multisectoral farm is Zalenieku pag., Jelgavas nov., Latvija till loaf of bread. 37. THE "GULBJI" SELONIAN HOMESTEAD E 7 **38. KALDABRUNA**

††† † (! <u></u>*z*^{mu}z</u>

The Škūna Gallery of Art is an unprecedented venue in the village of Kaldabruna in the Jēkabpils Administrative District. It is in the building of the former Kaldabruņa Elementary School and i managed by the Ūdenszīmes association.

There is a Meadow Kaldabruņas skola, Rubenes pag., Museum about the farming of Jēkabpils nov., Latvija meadows in the past and the present.

49. THE LATGALE BEER FARM "KOLNASĒTA" D 8

††† † (! ******** The slogan for this farm is "He

we produce real Latgale beer!

You can help to brew beer, listen to stories about traditions, and taste the finished products. The owner also offers country goodies as snacks — ones which are based on Lettigalian traditions.

This farm brews traditional beer, demonstrating the Stacijas jela 4, Berzpils process and offering tastings.

60. THE LIMUZĪNI FARM 👬 🛉 📢 💭 🎇

Here you will enjoy an educational programme that teaches you that cattle offer not just food, but also communication You will see cattle learn about how they are bred, and what hey provide for the local villag

🔲 🗋 The farm breeds cattle

H 4 72. THE LAVENDER FARM iti i 📢 🕀 💭

and aromatic Provence-style location. The farm offers educational tours to talk about how lavender is grown and the products that are produced at the farm. Visitors will be treated to tea.

Dvaro g. 10. Mockūnu k., Biržų r. LT-41323 GPS N 56.006239 E 24.737192

+370 68738636

83. THE A. BUDVYTIS GUESTHOUSE

🞽 giedrejankuniene@gmail.con

www.facebook.com/levanduukis

plot of land with a pond, a licensed outdoor shooting range, basketball and volleyball courts and a playground. Visitors can ride horses and visit an ecological vegetable farm. You can also learn all about beekeeping. The farm breeds sports horses, including the onl

miniature American horses in

94. THE "PAKALNE" COUNTRY TOURISM GUESTHOUSE G 2

This guesthouse is on Rusen Island near the shore of the Pakalne River. The owners collect plants, process them in accordance with folk recipes, to improve people's moods and Pakalnes 48, Pakalnes k.,

a traditional residence with two Domanty k. 1A, Meškuičių sen.,

Here you can taste variand take part in an educational 🛛 🎽 girele@atostogoskaime.lt

and alive, and it is produced on 👔 The owner offers brewery tours Dusetu vienkiemis, Dusetu sen.

Vytauto g. 77, Zapyški

+370 67327274

Minfo@stuba.lt

www.stuba.lt

GPS N 55.7397309 E 25.8558528 **a** +370 38556653, +370 68648890 cizoalus@gmail.com















Ludza, Ludzas nov., Latvija

+371 26446701 ▶ batiprojekti@gmail.com











††† 📢 🐉

The Ance Estate was built for

once surrounded by an ornate

and ornately decorated. Around

renovations were conducted

civil servants. In 1920, the es-

The lady of the house will

15. TURAIDAS

††† 🔇! † 🖏

The farm produces herbal teas

or gifts, using lemon balm,

peehives to produce honey. The

medicinal teas, beekeeping and

26. SVĒTE BREAD BAKERY

fence-making traditions.

††† 🔪 💭

This bakery has a wood-fired

and local raw materials (with

and other treats. Small groups

baking, and taste and purchase

French garden. Beginning in 1766, the building was rebuilt

Ulrich Johann von Behr by his father as a gift. The estate was



beehives. This educational facility

††† † (! **z**, *****

black sauna".

111 1 🔪 💭

48. THE LUDZA CRAFTS CENTRE

craftsmanship in the region, process actively and to enjoy meals ancient laws related to ethics featuring old Lettigalian dishes. Tālavijas iela 27a,

Stories are told about anare welcome to take part in the www.ludzasamatnieki.lv

59. THE "ŠUŠVE" GUESTHOUSE

can buy all kinds of beekeeping products, natural wax candles

The owner is a beekeeper Plinkaigalio k., Krakiy sen., noble beverage in Lithuania. E23.6457625805

www.sodybasusve.lt 71. "KŪRYBOS IR UŽIMTUMO STUBA"

🕀 🖬 🕯 🚺 🛉 📢 💭

kitemaking.

82. "ČIŽO ALUS"

🕒 📫 İ 📞 💭 This is a brewerv in a lovely part of Lithuania known as Little Switzerland, surrounded b forests, lakes and castle hills. with forest bee honey. The brewer has not just a recipe, but also equipment so that he can

of beer brewing.

93. THE GIRELE COUNTRY TOURISM GUESTHOUSE F 4





















6. PRENCLAVU MILL

The owners have main-

tained a historical windmill

(built in 1885) and its mecha-

nisms. You can go on a tour of

the structure, look at the mech-

anisms of the mill and taste local

baked goods and country bread.

27. LĪCĪŠI

††† † 🔪! 🐝

This is one of Latvia's first and

largest goat farms in Latvia.

attractive tour, with informa-

cheese kefir) – products which

you can taste and purchase.

as goat breeding in Latvia - how

39. FARM "MEZA SKUKI"

††† † (! **z**mz

Relax on the banks of Lake Inikši

and alongside the forest. Small

groups will enjoy the loveliness

of nature and the peace of an

ancient single-family farm in

Latgale. Guests have access

to a separate cottage with a

living room with a fireplace, a

well-equipped kitchen niche,

sauna, a balcony and a terrace

with a lovely view of the lake.

honey and buy products. There

Here you will find a vast

collection of antique instru-

tti t 🕻! 😍 🎇

Visitors are welcome to thi

ecological cattle farm to learn

out its history and operation

The farm offers the "Aubraki

breed of cattle, oats, spelt and

forest berries. You can buy fresh

and aged beef that is ecological,

The farm breeds the Skardupes g. 9,

84. THE PAKROJA ESTATE AND FARM

it i i

have a good time.

Visitors can learn about work

N.

as well as the berries.

"Aubraki" breed of cattle.

and beauty.

two bedrooms, WC, a shower, a 🛛

ous products.

producing dairy products (milk,

Here you will learn about Cenu pag., Ozolnieku nov., Latvija

the history of the farm, as well GPS Lat:56.71194 Lon:23.81812

www.licisi.lv

Inikši, Vaboles pag.,

This is an apiary which GPS Lat:56.07472 Lon:26.41742

50. GUNĀRA IGAUŅA ANTIQUE MUSICAL

Daugavpils nov., Latvija

www.mezaskuki.lv

www.baltharmonia.lv

Medsėdžių k., Klaipėdos r

+370 68233872

GPS N 55.643484 E 21.481624

buivydu.ekoukis@gmail.com

www.buivyduekoukis.lt

61. THE BUIYVYDU ECOLOGICAL FARM F 2

the animals are grown and how $2^{+371} - 26537993$

their milk is processed into vari- 🛛 licisimeister@gmail.com

The owner will offer you an

tion about breeding goats and



D 2

The owners are maintainoduced at Turaidas. Durbes nov., Latvia ing the old windmill of their Prenclavi, Nīcas nov., The lady of the house defamily. You can take a look at Otanku pag., Latvija livers lectures about life on the 🖀 +371 29649900 the mechanisms of the mill. GPS Lat:56.38940 Lon:21.09580 farm, covering the collection of zmanteja@inbox.lv www.manteja.lv

D 4



Svēte, Svētes pag. 🕒 Small groups can learn 🛛 Jelgavas nov., Latvija the bread path from the grain GPS Lat:56.58161 Lon:23.66811 + 371 29235332 info@svetesmaize.lv www.svetesmaize.lv



you can tour and then taste 2+37126525648GPS Lat:56.09468 Lon:26.06735 are also sauna rituals for health mezaskuki@inbox.lv +371 29548967: 26167960 www.udenszimes.lv



ments. You'll learn about their history and about how they were manufactured. Guests can play music. The exhibition features more than 100 different instru- Meža 2a, Gaigalava, Gaigalavas pag., ments that have been played Rēzeknes nov., Latvija

G 3

in Latvia during the past 120 years, including accordions, GPS Lat:56.73707 Lon:27.06778 Bērzpils pag., Balvu nov., Latvija harmonicas, hurdy-gurdies, 2 + 371 28728790, 26593441 GPS Lat:56.85461 Lon:27.08558 + 371 26452844, 26452695 kokles, zithers, castanets and \mathbf{M} baltharmonia@inbox.ly many others. rdains@inbox.lv



Žirnainių g. 16, Stulgiai, Kelmės r., LT-86306 GPS N 55.488996 E 22.668009 +37060610053 arutkauskas@gmail.com





arunas@kaimopirtele.lt www.kaimopirtele.lt



Rusnės sen., Šilutės r., LT-99343 The questhouse offers **GPS N 55.3153871 E 21.3220568** training about medicinal plants 🖀 +370 44153440 and how they can be used. 🛛 zivileskirkeviciene@gmail.com house will tell you about a small 🖉 Eve.minge@gmail.com

This is a late 19th century build-ing that has been restored in a unique location that merges cultural heritage with modern comforts. The nature of the

Nemuna Delta Regional Park the seashore region will offer sheep and chickens. relaxation for body and soul for anyone who likes to go fishing Minijos k., Kintų sen., or birdwatching or to just take a Šilutės r., LT-99050



are invited to learn about www.pakruojo-dvaras.lt



rest during the entire year. GPS N 55.3629299 E 21.2817033 The owners of the guest- 🕿 +370 61650640



watching the lives of bees in GPS Lat:57.37180 Lon:22.52693 ves (while wearing a beekeep- 🏾 🆀 +371 29477731 er's suit), touring a bee trail and climbing a tree with the help of www.laumas.lv

butter, and then you can taste what

AT IN

+371 26352395

www.caunites.lv

Krāslavas nov., Latvia

Īdeņa, Nagļu pag.

Rēzenes nov., Latvija

Virvytės g.27, Gyvolių k., Mažeikių r

GPS N 56.220488 E 22.555796

info@jadvyga.l

www.jadvyga.lt

a +370 44337118, +370 67026810

51. THE "ZVEJNIEKI" HOLIDAY HOUSE D 7

GPS Lat:55.90787 Lon:26.99960

GPS Lat:56.72267 Lon:23.79211

D 2

D 4

E 7

🖆 🛉 🕯 🕻 🦉 💭

7. THE MILK ESTATE BERGHOF

The Milk Estate Berghof is restored historical estate with a questhouse with 23 rooms, the Rose Saloon restaurant, the Milk Spa salon, a sauna, countryside sauna, a weekend cottage cele-bration halls, a well-appointed area of trailers, and a set of tennis granary and you have created. eese-making facility of the former Sieksäte (Berghof) Estate

E 2

D 4

SIL

E 7

+ 371 29779397, 26051129

🞽 parsla1@inbox.lv

Skrundas nov., Rudbāržu pag now house a museum (since Sieksāte, Latvija 1985) which tracks the route of GPS Lat:56.69011 Lon:21.89061 milk from the cow to the finished product. You can try your hand piens@pienamuiza.lv at milking cows and churning www.pienamuiza.lv 28. FARM "CAUNĪTES"

The "Caunītes" farmstead carries on Latvian traditions. This place invites people willing to enjoy Latvian style atmosphere and company. The hosts have arranged the site combining ا old-time and modern feeling. The heart of the farmstead is the barn with a bread baking stove. The hosts offer to enjoy various traditional seasonal activities. Cenu pag., Ozolnieku nov., Latvija The host teaches the iscaunites@inbox.lv bread baking traditions and bakes in a real bread owen.

††† **† (**! *****

40. FARM "CĪRUĻI"

The Cīruļi farm is in the Rings of Daugava Nature Park and in the village that is called "Lielie Mulki" (Big Fools). The owner have more than 100 hives of bees, share experience, talk about the lives of bees and offer tastings and purchase of products. There is a chance to look and buy paintings by the owner who will talk about the "Lielie Muļķi" (Big Fools) village. Lielie Muļķi, Ūdrīšu pag.,

Visitors will learn about 🕋 +371 29968900 beekeeping traditions in Latgale. piligrimpb@gmail.com

- III I 📞 🂭 he house is on the eastern ore of Lake Lubāns with a wonderful view of Latvia's largest lake. The owners prepare dishes from local freshwater fish, using old recipes and ones that they have developed themselves. "Zvejnieki" is the participant of Latgalian culinary

This home is in an old fishing village, and the residents still go fishing in the lake. GPS Lat:56.75039 Lon:26.94838 Visitors can look at a typical • +371 28301143 fishing village and fishing nets, as well as taste fish that have 🛛 🖌 zvejnieki-lubans@inbox.lv

been caught in the lake. www.zvejnieki.lv



plants, after which there is a 30-minute tour of local plants outdoors.

The Jadvyga Balvočiūte farm is a certified producer of ecological herbal teas.

73. THE "MIŠKO SODAI" FARM

İİİ İ 📢 🖤 💥 This is an ecological and biodynamic medicinal plant farm that is run by two sisters who produce herbal teas and spices. Educational programmes offer information about the plants

and their medicinal properties. You can lease bikes to ride down the bike paths of the Žemaitija National Park. Plungės r., LT-90423 The farm grows 48 plants GPS N 56.093342 E 21.852557

that are part of Lithuania's 🕋 +370 61166 021 national heritage, with approx-85. THE "PRIE ŽIEDELIO" GUESTHOUSE E 2

F 4

ŮŮŮ Ů <u>//.</u> This is a country tourism destination at a lovely location on the

banks of Lake Žiedelio. You are invited to taste local foods an drinks as part of an educatio programme and listen to song performed by the Platelee folklore ensemble. The farm produces a cur-

+370 68609867 dled milk dish that is certified as part of Lithuania's national 🎽 info@prieziedelio.lt www.prieziedelio.lt

This is an old guesthouse on

the banks of a river, featuring a watermill that has been operational since 1851. 🖺 You will eniov a true

organised by a professional

sauna master.



Beržoro k., Plateliu sen.,

Plungės r., LT-90036

GPS N 56.0132772 E 21.8316795

sauna with ancient Lithuanian Kūlio Daubos k., Luokės sen., traditions and rituals that are Telšių r., LT-88268 GPS N 55.84580 E 22.407571 +370 65574447 🞽 info@angelu-malunas.lt www.angelumalunas.lt

B 3 5. THE LAUMU NATURE PARK C 3 6. LATVIJAS LAUKSAIMNIECĪBAS MUZEJS C 3 7. Farm "BITNIEKI"

🤀 🖬 İ İ 🕻 🥲 This museum offers a look at the 🛛 🐘 💦 👘 Latvian countryside, informing visitors about the history of the development of the agricultural sectors and popularising evidence about farming and life in Latvia's, countryside from the agricultural sectors and popularising late 19th century to the present evidence about farming and life in

av. The interest of visitors is Latvia's countryside from the late 19 facilitated by various equipment century to the present day. used to process the land and harvest and process the crops. Celtnieku iela 12, Talsi, There are also various tools. Talsu nov., Latvija GPS Lat:57.23064 Lon:22.56629 This museum offers a 🖀 +371 63291343, 29403183 look at the Latvian countryside, forming visitors about the his- Ilm@llm.lv tory of the development of the www.llm.lv

🞽 vilki@inbox.lv

info@kempingslabirinti.lv

18. THE "VILKI" CERAMICS WORKSHOP

††† **† 📢 👯** The craftswoman will talk about and demonstrate the way in which she produces various products, encouraging you to do some of the work on your own. You can buy ready-made objects or commission new ones.

Here you will learn about the traditions of ceramics in Skrundas nov., Latvia, watch how ceramics are Rudbāržu pag., Latvija produced and get a chance to try GPS Lat:56.68044 Lon:21.91438 your hand at the process yourself. 2 + 371 26194220

29. FARM "BĒRZIŅI"

A convenient rest stop touring the Baltic countries. Suitable for tourists who are traveling in Latvia and Baltic States (48 km from Riga and 18km from Bauska). The camping grounds on a farm open all year. , WC, kitchen, washing ma-Power connection 220V, showchine, fire place, grill, playground equipment and will be happy talk about for kids and other attractions, how these were used in the past. ball games, boat rides. The excur-Zorģi, lecavas nov., Latvija sion - an experience exchange on a farmstead with 200 hectares of GPS Lat:56.56410 Lon:24.16769

land. A collection of old farming 2 +371 26320336 tools and utensils. The owners have collected www.labirinti.lv 41. FARM "UPENITE"

Camping place and 2 rooms in the hosts' house on the bank of a lake in Aglona. Breakfast, lunch, dinner. Natural products from local farmstead. Biological farmstead provides diary products, vegetables, poultry, eggs. Excursion in Cirits lake and

This farm nurtures Lettigalian traditions, serves Lettigalian foods, produces dairy products (including cheeses), Tartakas iela 7, Aglona, grows local plants (which you can Aglonas nov., Latvija purchase), and offers a chance to GPS Lat:56.12056 Lon:27.00186 visit a proper Lettigalian black sauna. The owners themselves 🕋 +371 26312465

will serve as the sauna masters. Manual a.upenite@inbox.lv 52. LATGOLYS ŠMAKOVKA

The Malnava Estate has been producing moonshine since 1827, and visitors can tour the facility, taste the products and have some snacks. The estate, park and Hitler bunker are open to tourism, and there is information for visitors about destinations in Latgale. Klavu iela 11, Malnava

You will learn all about 🛛 Kārsavas nov., Latvia how moonshine has been pro- GPS Lat:56.77808 Lon:27.71797 duced since olden days and up 2 + 371 28321856to the present day.

63. THE ALPACA FARM OF

††† † 🕀 💭 This farm breeds alpacas, Ilamas, camels, burros, ostriches, Dutch rams, chinchillas and rab bits. Together with the owners, you can feed and pet the animals and take selfies with them. Pergolas are part of the charm of the venue, and the local café w offer you coffee and snacks. Ye can also purchase souvenirs and Dargaičių g. 28, Dargaičių k. things made of alpaca wool.

The farm breeds alpacas, 2 + 37068643584llamas, camels, burros, ostriches, Dutch rams, chinchillas and

74. THE "MOLAINIU" HORSE FARM

iii i 📢 🕀 💥 Schoolchildren up to the 6th grade are offered tours during which they can learn about animals, feed them and pet them. Older students will learn about the evolution and biology of horses, as well as about work with horses. Easy hikes are offered to tourists.

The farm welcomes not **GPS N 55.702234 E 24.296715** just beginners, but also profes- 🕋 +370 61099880 sional horseback riders.

86. THE "PAS TEVUKUS" GUESTHOUSE E 2

itt 1

This certified culinary heritage dining destination in the Beržora village has a lot of experience and is proud of certifying the most popular foods of the local region. Tastings offer a look at various local disuse. Together with his daughter, the owner also offers a Plunges g. 42, Beržoro k. programme about facilitating lo- Plateliu sen., Plunges r., LT- 90419 cal ethnic and cultural traditions. GPS N 56.0241663 E 21.8229342

16 dishes at this guesthouse 🛛 🎓 +370 61529603, +370 69803485 are certified as products of 🛛 info@pastevukus.lt Lithuanian national heritage. 97. THE P. RAČKAUSKIENE GUESTHOUSE F 2

The "Agluona" guesthouse offers coffee and dishes from Little Lithuania and Žemaitija.



GPS N 55.5889486 E 21.3853796 +370 69847208, +370 69980137 🞽 rackauskusodyba@gmail.com www.rackauskusodyba.lt



††† † (! **±**,***

19. Lauku sēta "PUTEŅI"

D 3

E 5

E 7

D 2

D 5

120

E 7

This farm features fowl and pets. as well as a hike "along the path of Baron von Behr." The owners teach visitors about traditional annual rituals, including the preparation of caraway seed cheese and other Latvian dishes. Here you will learn about the true taste of Latvian life with traditional foods or tradi-

tions. There is an exhibition of Zvārdes pag., Saldus nov., Latvija horse-related equipment along with a story about how it is GPS Lat:56.60637 Lon:22.49277 used. You can try your hand at a +371 25915640 harnessing a horse to a plough rasmal@inbox.lv or a sled. 30. FARM "VAIDELOTES"

††† **† 🔇**! 🐝

This is a farm which popularises Latvian lives, organises traditional rituals, and provides guests with tasty country foods such as porridge, dumplings, pierogi and pastries made of grain and roughly ground flour that are produced at the farm offers feasts of foods that are grown recreation. itself. You can purchase teas, on the farm. herbs and country goodies.

Here you can visit a work-ing farm that honours Latvian traditions, organises celebra- 🎓 +371 29389993 tions of traditional holidays and 🛛 🖌 vaidelotes@gmail.com

42. FARM "JURI" **††† † (**! **z**~z

The owners of the farm inherited it. There is a wood house with decorative trim and window utters. The owners use milk from their own cows to produce cheeses on the basis of old and modern recipes. You can taste the cheese, milk, clotted milk, buttermilk and other dairy products, watch how they are made, and take part in the process vourself. There are also animals to view. A farm in Latgale that Riebinu nov., Latvija

Lubāni, Rušonas pag milks cows and produces cheese GPS Lat:56.19363 Lon:26.94745 from ancient recipes. Guests are welcome to take part in the +37129182355zsiuri@gmail.com

Jauncode, Codes pag.

Bauskas nov., Latvija

process.

D 8

🞽 latgalessmakovka@gmail.com

www.latgalessmakovka.lv

Gruzdžių sen., Šiaulių r.

GPS N 56.136481 E 23.25591

info@alpakuauginimas.lt

Molainių k., Panevėžio r., LT- 3717

🞽 daivazavadskiene@gmail.com

www.molainiuzirgynas.lt

www.pastevukus.lt

F 5

http://alpakuauginimas.l

"Barono Vila" is a corner of paradise with a large and deep fishing pond, deer in enclosed meadows, sheep, forests rich with mushrooms and berries, The lady of the house bakes of bread made of natural yeas clear lakes and the curves of the Lithuanian rye bread in a real bread oven. Sventāja River, which are popular among tourists. The restaurant Elnio g. 12, Butenų k., Svėdasų sen., offers fresh, tasty and high-qual- LT-29356 Anykščių r ified food made of venison and GPS N 55.6490985687 mutton, as well as oven-baked E25.3920101842 Lithuanian rve bread and the house speciality -- "Barona plov" 🖀 +370 69840202 cooked on a campfire.

info@baronovila.lt www.baronovila.lt 64. THE "LAPIU SLENIO" FARM

Indrajos g. 10, Brogiškių k.

Retisa7@gmail.com

a +370 61549490

moliovirtuve@gmail.com

Algimanty k., Ariogalos sen.

a +370 61832040

www.ziliuukis.lt

Dusetų sen., LT-32311, Zarasų r.

GPS N 55.73111 E 25.805376

+370 69947146, +370 60287147

ttt t 📢 💭

The farm breeds historica Portuguese Lusitano breed horses, Shetland ponies, other horses from Europe, Ango Nubian goats, sharp wool sheep from Lithuania's genetic fund, and a large group of various fowl. Visitors will learn all about the animals and their origin and be given a chance to ride horses and ponies, as well as to observe the animals.

The farm breeds various animals.

75. "MOLIO VIRTU tt t 🕻 🕄 🕀 💭 Here you will find a ceramicist who offers educational activities

during which you can shape your own items and then put them in the kiln. The studio welcomes kindergarteners, schoolchildren, adults and senior citizens. The ceramicist has experience with people with special needs. Finished Liepų 4, Lomenių k. Palomenės sen., clay products are available at the Kaišiadorių r., LT-56382 GPS N 54.964587 E 24.437718 The owner of the "Molio

virtuve" ceramics operation is one

itt 1

This is a single-family farm, and

visitors are welcome to tour it

and see white peacocks, pheas-

ants, ducks, chickens, French

The farmers breed pigs Raseinių r., LT-60247

98. THE "APYNIU NAMAI" GUESTHOUSE

Here you can tour a local brewery, ride bikes, enjoy water

The guesthouse offers tastings of herbal teas

and beer. Learn all about traditions in brewing beer.

Stirniškių k., Subačiaus sen., Kupiškio r., LT-40137

GPS N55.787829 E24.831641

🞽 info@apyniunamai.lt

www.apyniunamai.lt

+370 69937956, +370 65216454

sports, go fishing in the local river, and taste i

and cattle, and the farm sat- GPS N 55.269632 E 23.512493

ecological farm from field to 🛛 🞽 audrone.ziliene@gmail.com

cattle and white genetic fund

isfies EU requirements and is

recognised as Lithuania's only

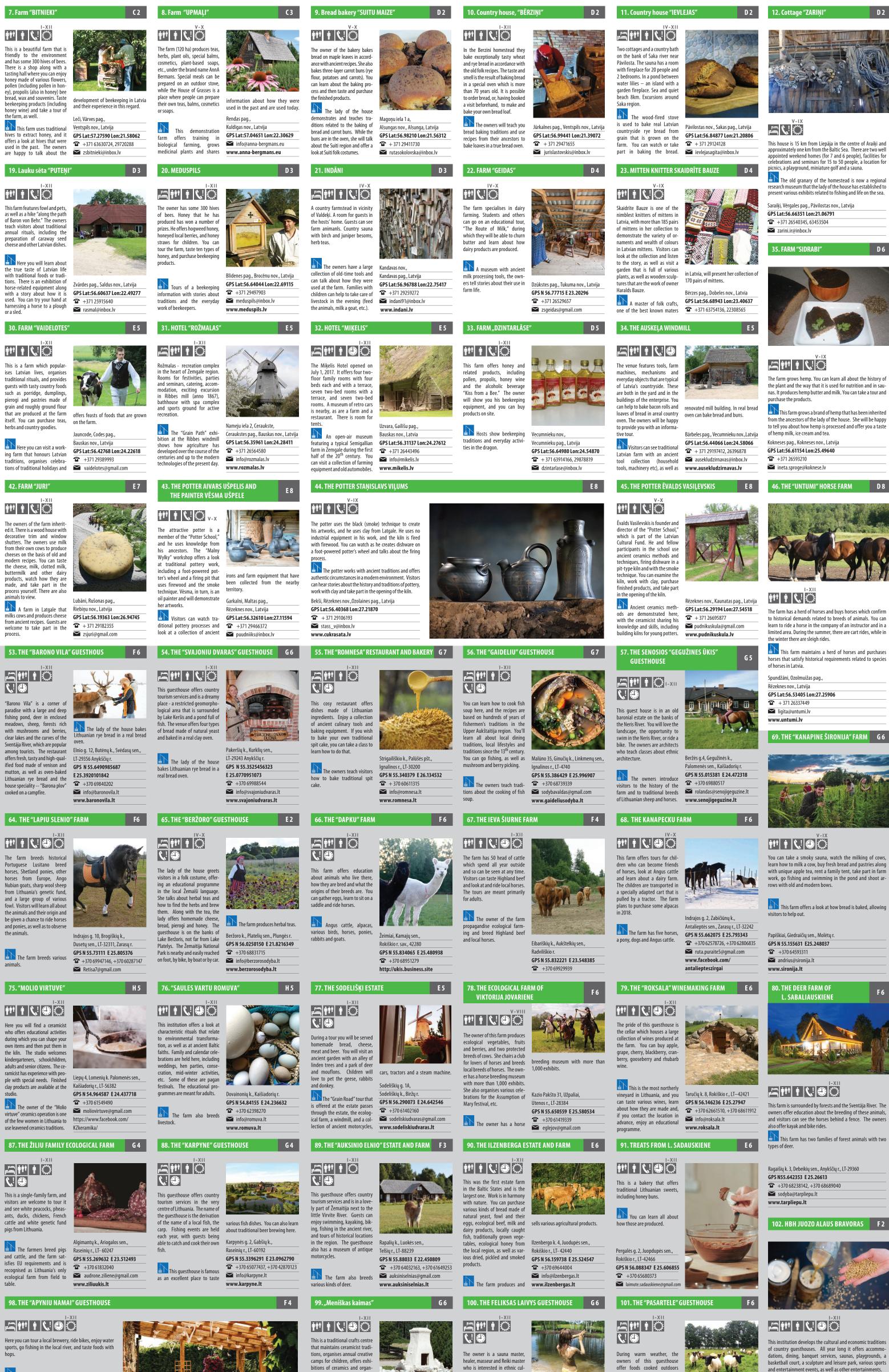
i i i

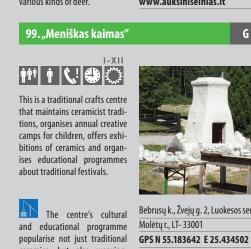
pigs from Lithuania.

of the few women in Lithuania to https://www.facebook.com/

87. THE ŽILIU FAMILY ECOLOGICAL FARM G 4

use leavened ceramics traditions. KZkeramika/





Bebrusy k., Žvejy g. 2, Luokesos sen., ceramics, but also weaving, 🕋 +370 68627048 felting, candle making, etc. meniskaskaimas@gmail.com

www.meniskaskaimas.lt

who is interested in ethnic culture and offers guests real leisure and health improvements that have been tested by his ancestors sauna master. sauna programmes, the secrets of medicinal plants, restoration Piešiškių k., Alantos sen., of links to nature, as well as en-Moletų r., LT-33037 tertainments on the water. The owner offers a real The owner offers a real

healer, masseur and Reiki master

sauna that is based on ancient 🛛 🖬 laivys@gmail.com Lithuanian traditions with rituals

GPS N55.33555 E25.3703

www.laivys.puslapiai.

chickens and rabbits.

that are conducted by a professional qi. Vegetables grown at the - plov, omelettes and pierofarm are used in the dishes. The farm also breeds ancient Lithuanian breeds of

Dusetų sen., Zarasų r., LT-32300 black-headed sheep, as well as GPS N 55.7543604 E 25.8197109 +370 61143889, +370 65233232
+370 65537777, +370 44544423 🞽 pasartele@gmail.com www.pasartele.com

GPS N 55.9583447 E 21.1437139 hbh@atostogoskaime.lt www.hbh.lt



This house is 15 km from Liepāja in the centre of Araiki and approximately one km from the Baltic Sea. There are two well appointed weekend homes (for 7 and 6 people), facilities for relebrations and seminars for 15 to 50 people, a location for The old granary of the homestead is now a regional research museum that the lady of the house has established t present various exhibits related to fishing and life on the sea



The farm grows hemp. You can learn all about the history of the plant and the way that it is used for nutrition and in saunas. It produces hemp butter and milk. You can take a tour and

This farm grows a brand of hemp that has been inherited from the ancestors of the lady of the house. She will be happy to tell you about how hemp is processed and offer you a taste



The farm has a herd of horses and buys horses which confirm to historical demands related to breeds of animals. You can learn to ride a horse in the company of an instructor and in a limited area. During the summer, there are cart rides, while in

horses that satisfy historical requirements related to species

69. THE "KANAPINE ŠIRONIJA" FARM G 6

You can take a smoky sauna, watch the milking of cows learn how to milk a cow, buy fresh bread and pastries along with unique apple tea, rent a family tent, take part in farm work, go fishing and swimming in the pond and shoot ar-

This farm offers a look at how bread is baked, allowing



This farm is surrounded by forests and the Sventāja River. The owners offer education about the breeding of these animals, and visitors can see the horses behind a fence. The owners This farm has two families of forest animals with two



dations, dining, banguet services, saunas, playgrounds, a basketball court, a sculpture and leisure park, various sports and entertainment events, as well as other entertainments. Many of the dishes that are served at the guesthouse hold certification as a product of Lithuania's national heritage.

Žibininkų k., Kretingos r., LT-97231