

**GENERAL INFO:**

*Package Type: Day tour*

*Season for winter: December-March (if there is frost)*

*Season for summer: May - September*

*For whom: for groups (min 8. - max.15)*

*Package includes: bog shoe walking + lunch*

*Degree of difficulty: Moderate*

*Duration of the tour (excl.transportation): 5 hours*

*Duration of walk: ~2-3 h*

*Type of transport: tourist bus*

*Distance from Riga: 40 km (walking starts) - 60 km (lunch place)*

**VIDEO:** for winter (from the bog Suda with similar landscape): [https://www.youtube.com/watch?v=9r2doW11\\_TM](https://www.youtube.com/watch?v=9r2doW11_TM)

Video for summer: <https://www.youtube.com/watch?v=nh0l3cOoMm4>

## Enjoy the beauty of the The Great Ķemeri Bog - bog shoe walking in winter or summer



This one day outing will suit small groups (8-15 persons) and can be considered as an add-on to a tour programme.

The Great Ķemeri bog is beautiful, attractive and accessible both, in summer and winter time.

Two young Latvian nature scientists came up with the idea to offer bog tours some years ago. Since then, their bog tours have become extremely popular in Latvia as family fun, team building experience or nature lovers' escape. The tours are available for small groups, and the participants are given special bog shoes to make walking easier on bog surface in winter and in summer.



The route length in the Great Ķemeri bog is 6 km, and the guided tour takes 2-3 hours. The guide tells about plant and animal life, about nature processes in the bog. The route shows the best landscapes in the bog and takes to its most attractive nature objects. Even in winter time when temperatures are below 0°C, people feel warm as walking takes some physical effort. The Great Ķemeri bog offers an excellent and safe opportunity to spend a day in wild nature just 40 km from Riga.

The route is not marked and cannot be taken without the specialised professional guide. The route is located in the Ķemeri national park.

### Equipment

Participants are advised to wear comfortable clothing according to the season. In winter time: gloves, winter caps, scarves, winter boots. In summer time - outdoor boots, windstopper jackets, caps. The participants will be provided with bog shoes.

They are available for feet sizes 19 – 34,5 cm.





## Location - Ķemeri national park

The Ķemeri national park was established in 1997 with a purpose to preserve the values of nature, culture, history and resortology, to promote non-depleting economic activity, tourism and environmental education. The national park covers the area of 38,165 ha. It is the third largest national park in Latvia.



**DEPARTURE** from Riga to Ķemeri national park. In winter season (December - March) the tour starts before noon to be able to return in daylight (in December the dark sets in around 4 p.m.).

In the summer season (May-september) the days are long. And lunch can be substituted with dinner (the price will not differ).

The Ķemeri national park is located ~40 km from Riga and the ride to the Ķemeri national park takes ~35 min.



**ARRIVING** at the Ķemeri national park. **MEETING** with the professional bog guides and **INSTRUCTION**. (~30 min)



**GUIDED WALK** in the Ķemeri national park

The route length in the Great Ķemeri bog is 6 km, and the guided tour takes ~3 hours. The guide tells about plant and animal life, about nature processes in the bog and the most attractive sites in it like small lakes and pools, the mysterious lake of Lilies, the hills that represent remains from the Litorina sea, a geological brackish-water stage of the Baltic Sea, which existed around 7500–4000 BP. There is also the former peat quarry, a war road, and a viewing tower. The guide explains the historical and geological processes that formed the present landscape.



After the walk **RETURNING** to the starting point. Return of the equipment.

Ride from the Ķemeri national park to the recreation complex “Valguma pasaule” for lunch.

The ride to “Valguma pasaule” is ~23 km (~20min).





### LUNCH or DINNER in recreation complex “Valguma pasaule”

The recreation complex is located in the middle of the forest by Lake Valgums. It is a place for quality relaxation, wellbeing, cosiness and joy. The restaurant offers nice meals which that are served in the restaurant’s glass veranda.

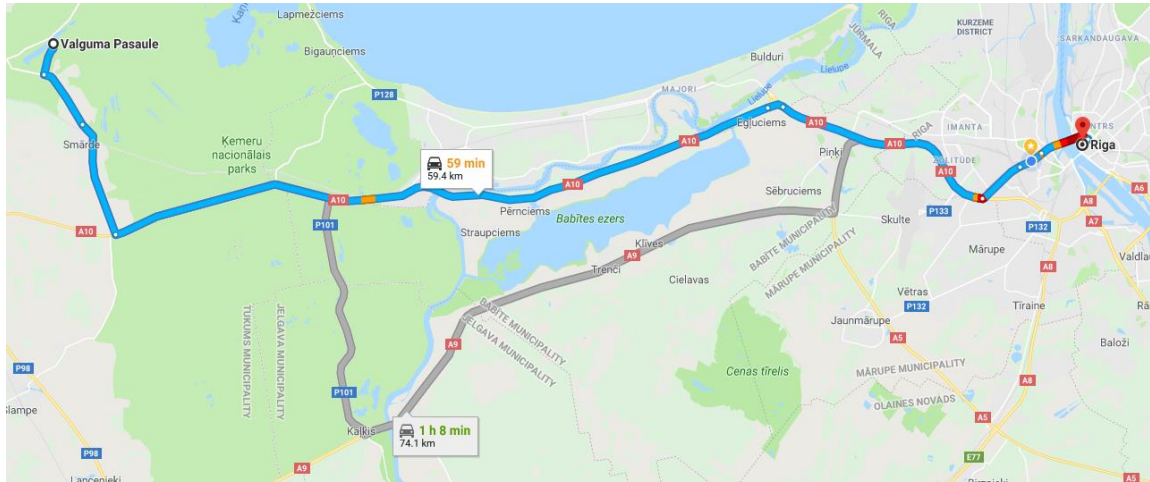


The meal will start with a small picnic in the yard of the complex. Afterwards a 2 course lunch or dinner will be served in the restaurant. Duration of the lunch/dinner ~2h.



### After the lunch RETURNING to Riga.

Valguma pasaule is located ~60 km from Riga and the ride will take ~1h.



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