

**Baltic Nature Tourism Conference in Riga/Latvia**  
**22<sup>nd</sup> – 23<sup>rd</sup> March 2011**

# How to measure Carrying Capacity in Baltic Nature Parks as a tool for managing visitor flow

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# Baltic Nature Tourism Conference in Riga/Latvia

## 22<sup>nd</sup> – 23<sup>rd</sup> March 2011

### Outline:

1. How to understand the Carrying Capacity-concept. Who makes carrying capacity?
2. Historical background: Pressure on US National Parks. Discussions on common land and private property
3. History in areas of today's European Nature Parks. A Faeroese relict
4. Natura2000 as a European frame for carrying capacity-studies in Baltic nature parks
5. The Visitor Experience and Resource Protection (VERP) Method
6. The close relation to visitor monitoring
7. The need of studies on management of local hot spots in the parks
8. Short overview of carrying capacity-works in the Baltic parks of Parks&Benefits

## **Carrying capacity problems of nature parks:**

- 1) How many guests can be put into the park without spoiling the nature (man-nature-conflicts)
- 2) How many guests can be put together in a park before they spoil the experience for each other? (man-man-conflicts)

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Carrying capacity is **not** a scientifically objectively determined measure.

Carrying capacity is a result of political decision processes among stakeholders, balancing use and protection preferably based on scientific and/or experiential cognition.

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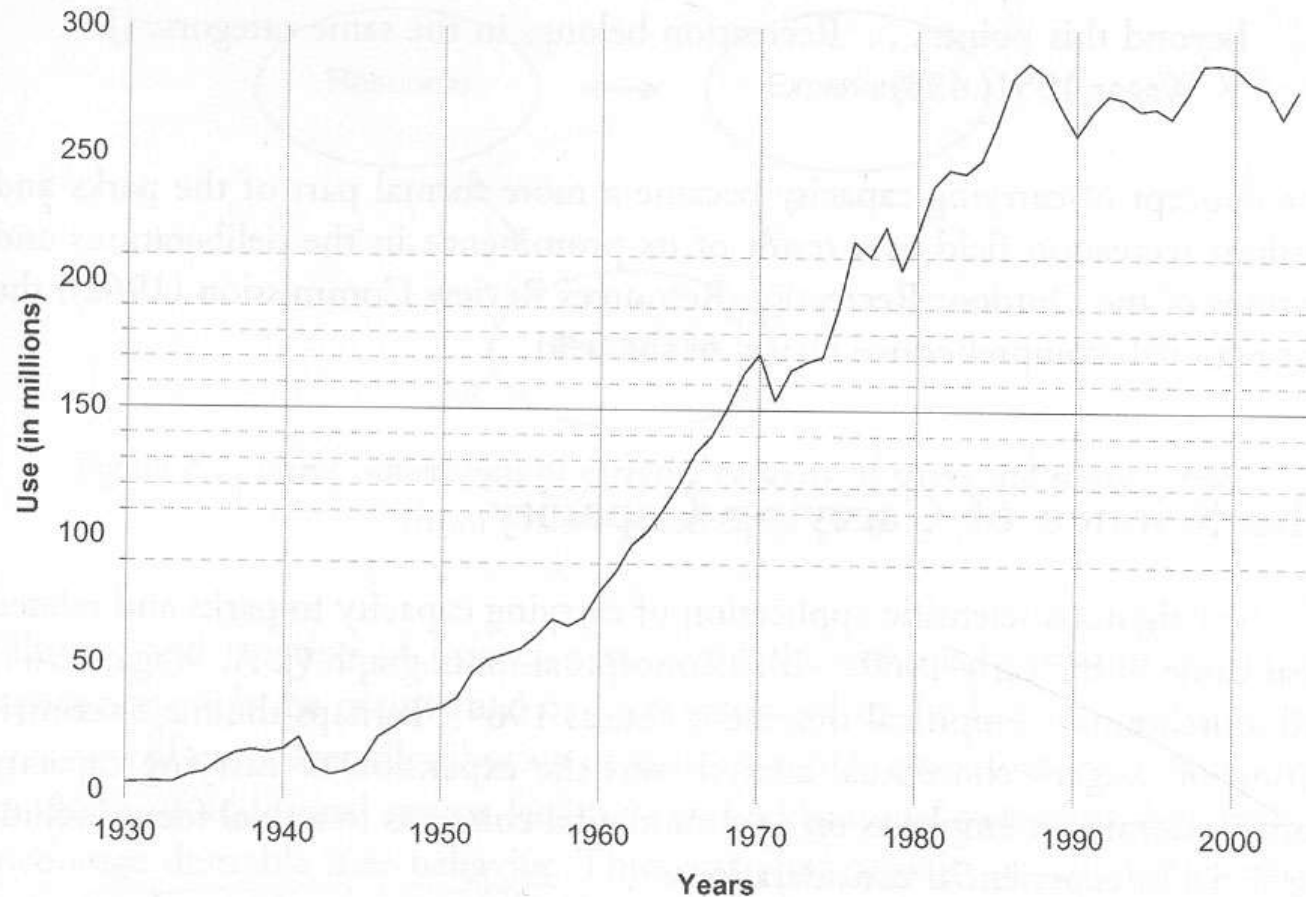


Figure 2.1. Recreation visits to the U.S. national park system.

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## Parks and Carrying Capacity

COMMONS WITHOUT TRAGEDY



**Robert E. Manning**

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(a) 0 people



(b) 36 people



(c) 72 people



(d) 108 people



(e) 144 people



(f) 180 people



Figure 10.3: Study photographs for the base of Yosemite Falls.

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Garrett Hardin:

The tragedy of the Commons.

Science, Vol. 162:pp.1243-48. 1968

Commons: Collectively owned goods

Reprinted in at least 100 anthologies on  
Environmental Management

Quoted more than 37000 times!

Standard defence for private property

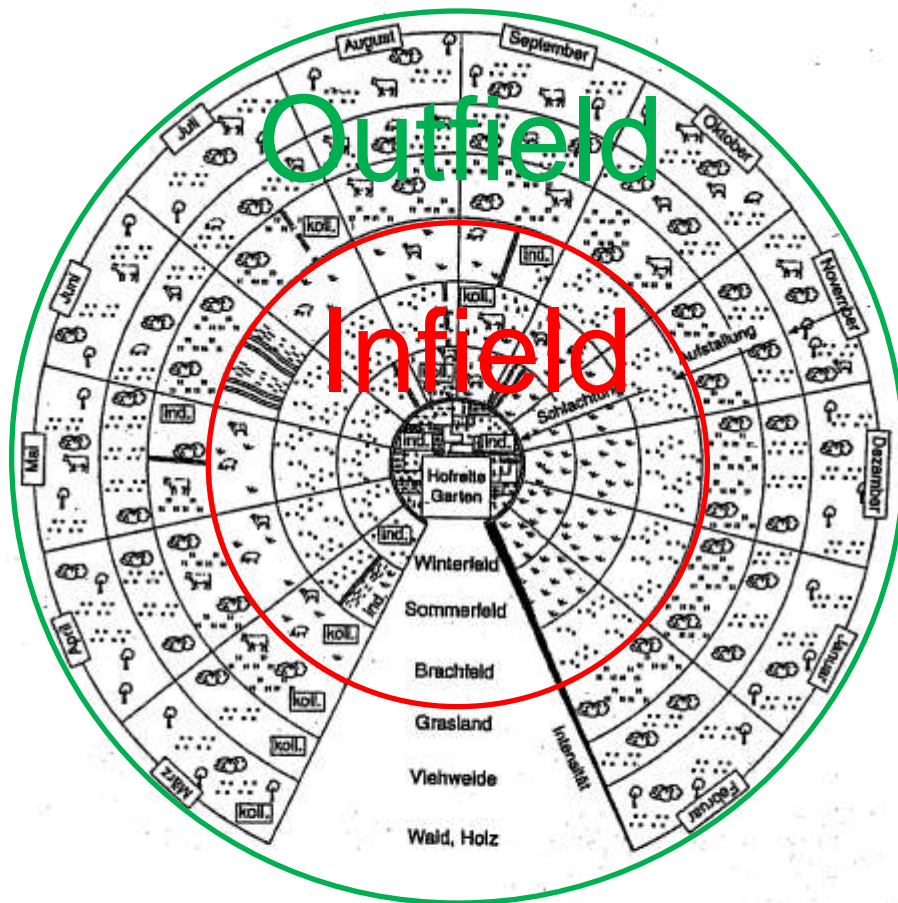
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Carrying capacity is not a new concept. It has been widely used in most pre-industrial societies, in Europe for at least 700 years in the widespread infield-outfield agricultural systems of medieval time.





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	Getreide		Pflügen	Ind.	Individuelle Nutzung
	Stoppel		Düngen	koil.	kollektive Nutzung
	Brachvegetation		Zaun:		Rinder
	Grasland		geschlossen		Schafe
	Magerrasen		offen		Schweine
	Gebüsche (Ginster Wachholder...)				

Quelle: KONOLD 1996

## Infield-outfield system

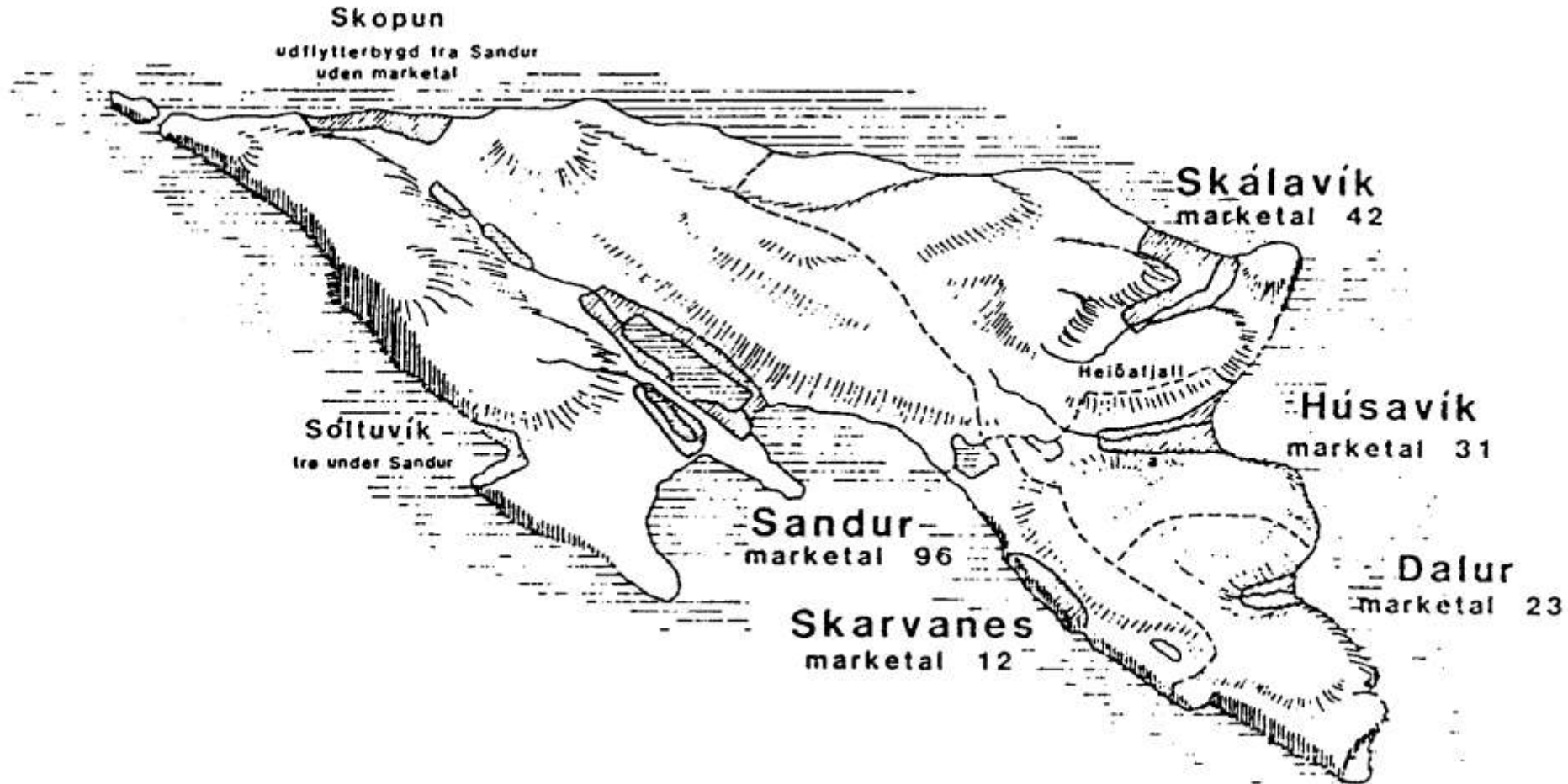
Carrying capacity was kept for each types of animals at all grounds of the commons, and shared among the owners according to their share of the value of the village – often given in Marks



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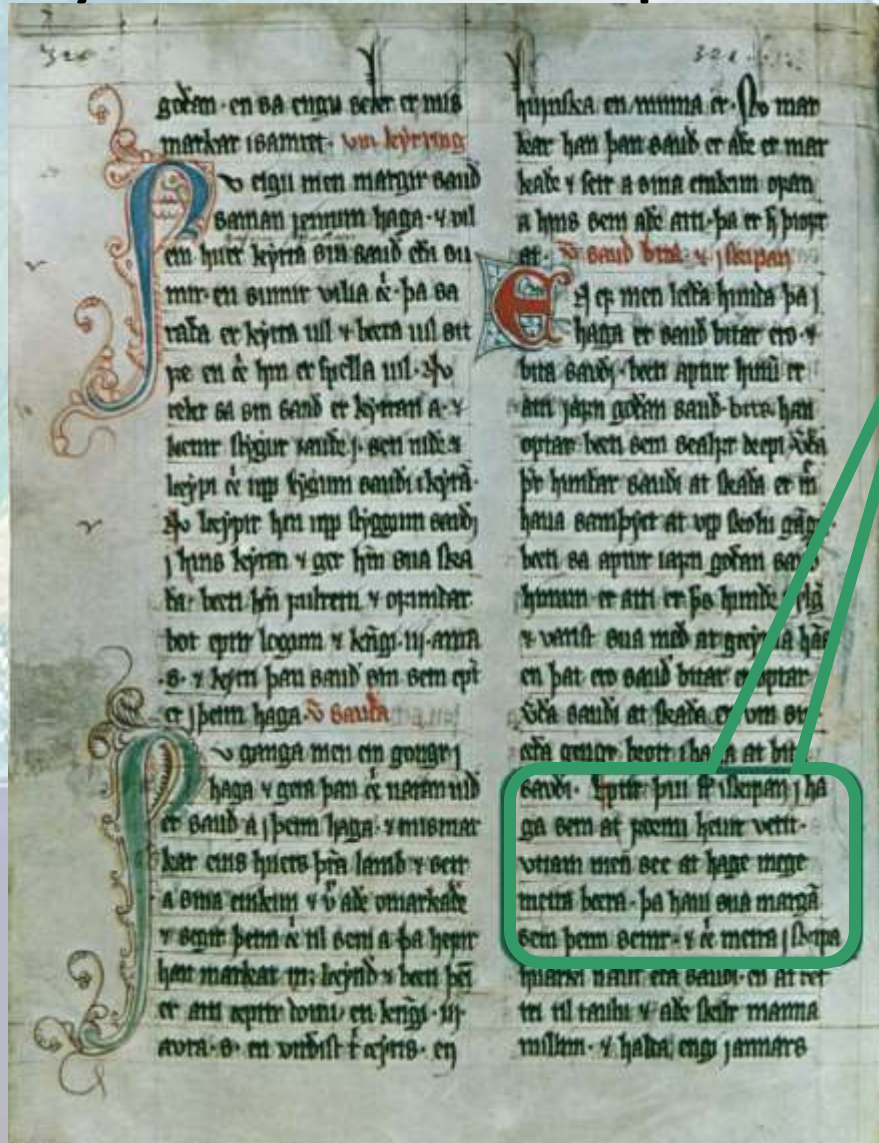


Húsavík, Sandoy, The Faeroes

**Ownership of**  
**1 mark in Húsavík**  
**(31 marks)**  
**means:**

1. Specific land parcels in the infield, equivalent to 1/31 of the production capacity
2. Rights to a number of sheep in the outfield, equivalent to 1/31 of the total skipan (kenning). From the 17th century: Rights to 1/31 of the output of the common owned sheep (felag)
3. Rights to summer grazing for a certain number of cows corresponding to 1/31 of the grazing capacity of the nearest part of the outfields – the 'house-outfield'
4. Right to a share in other resources: peat, fowling cliffs, driftwood, seaweed for fertilizer, pilot whales, feitilendir (rich pastures for fattening rams) etc.
5. Right to keep a fixed number of horses and dogs

## Seyðarbrevit – the sheep letter – a Faeroese law from 1298

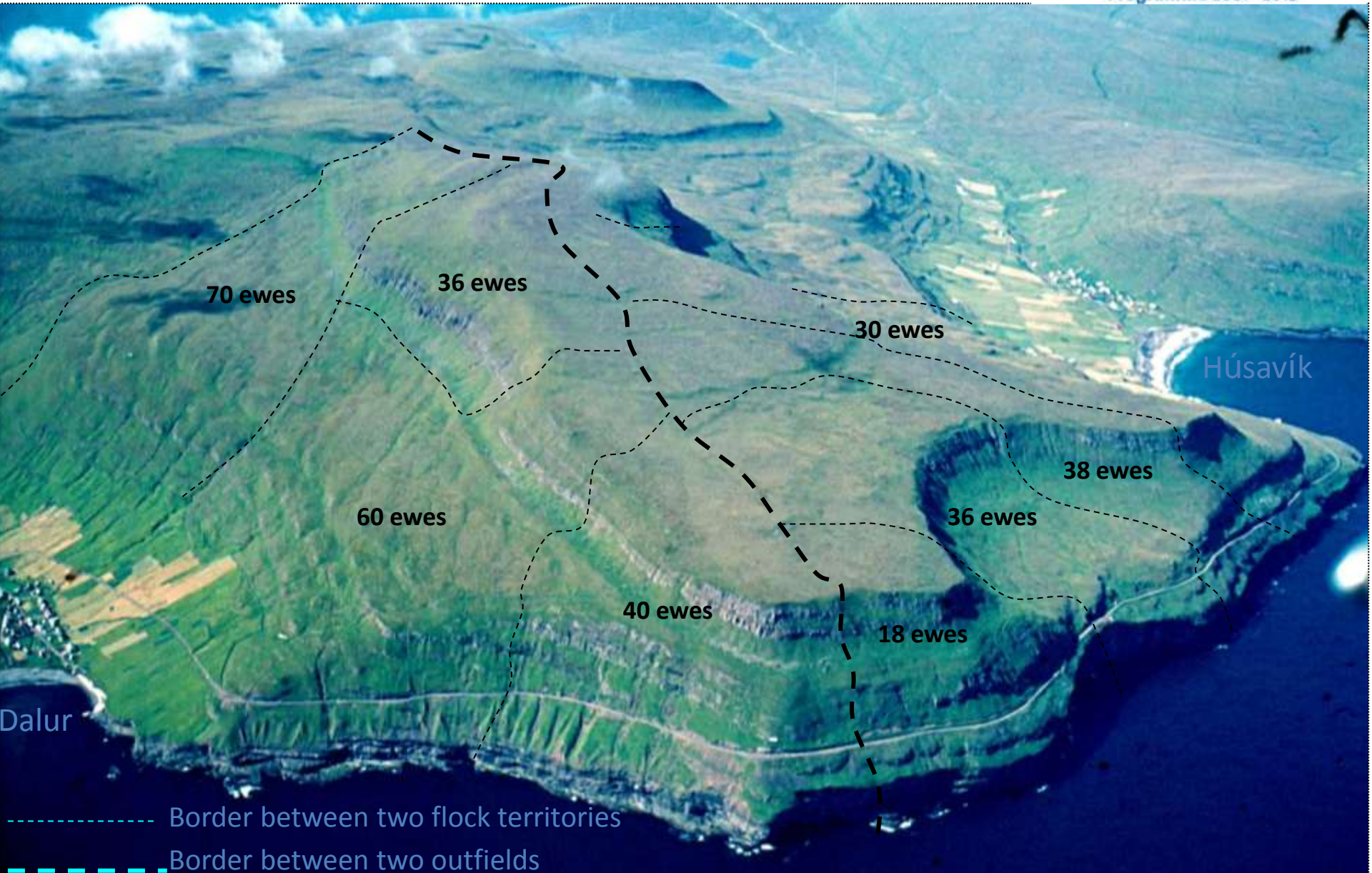


'Skipan j haga' - The number of sheep to be kept on an area of pasture land - shall remain the same as it was in previous time.

Skipan = the number of grazing animals  
within a given territory  
(sheep-, cow-, horse-, dog-, geese-  
skipan)

(Skipan = shipping = carrying capacity)

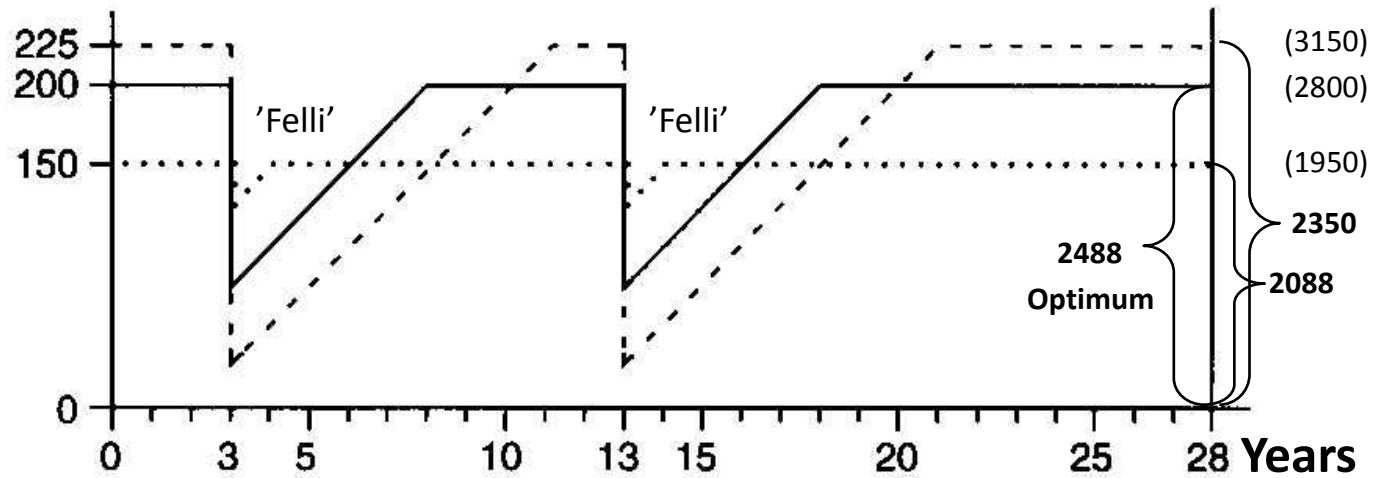
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### Number of ewes (Carrying Capacity)





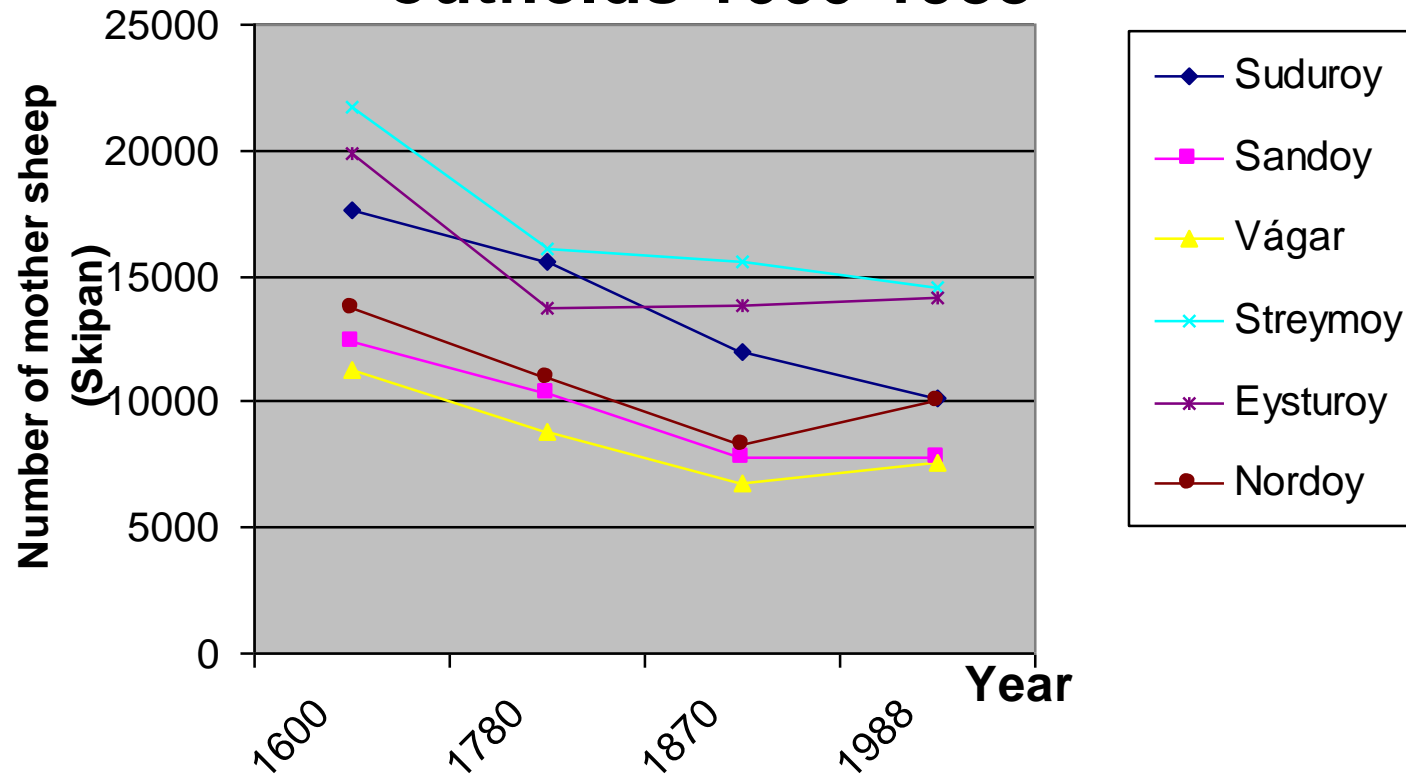
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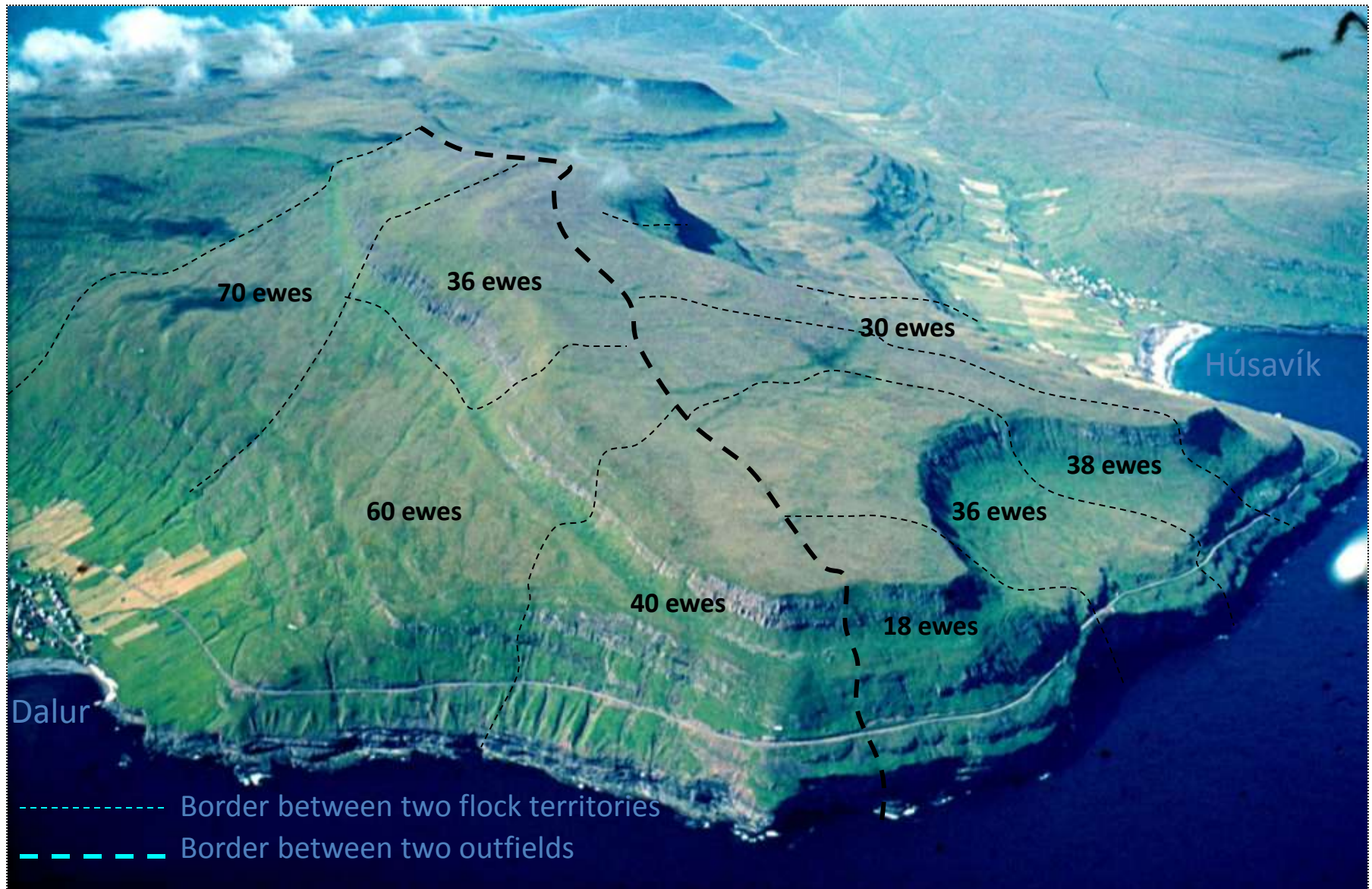
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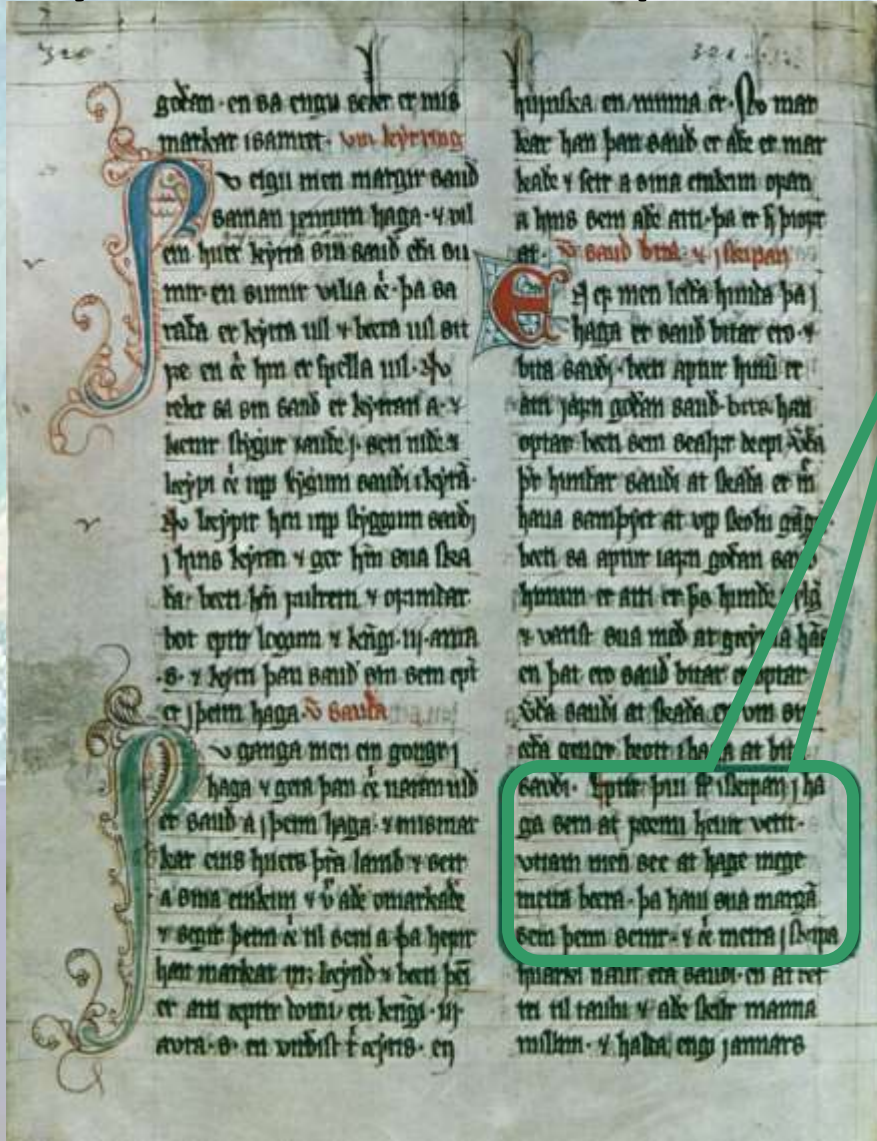
## The carrying capacity of Faeroese outfields 1600-1988



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## Seyðarbrevit – the sheep letter – a Faeroese law from 1298

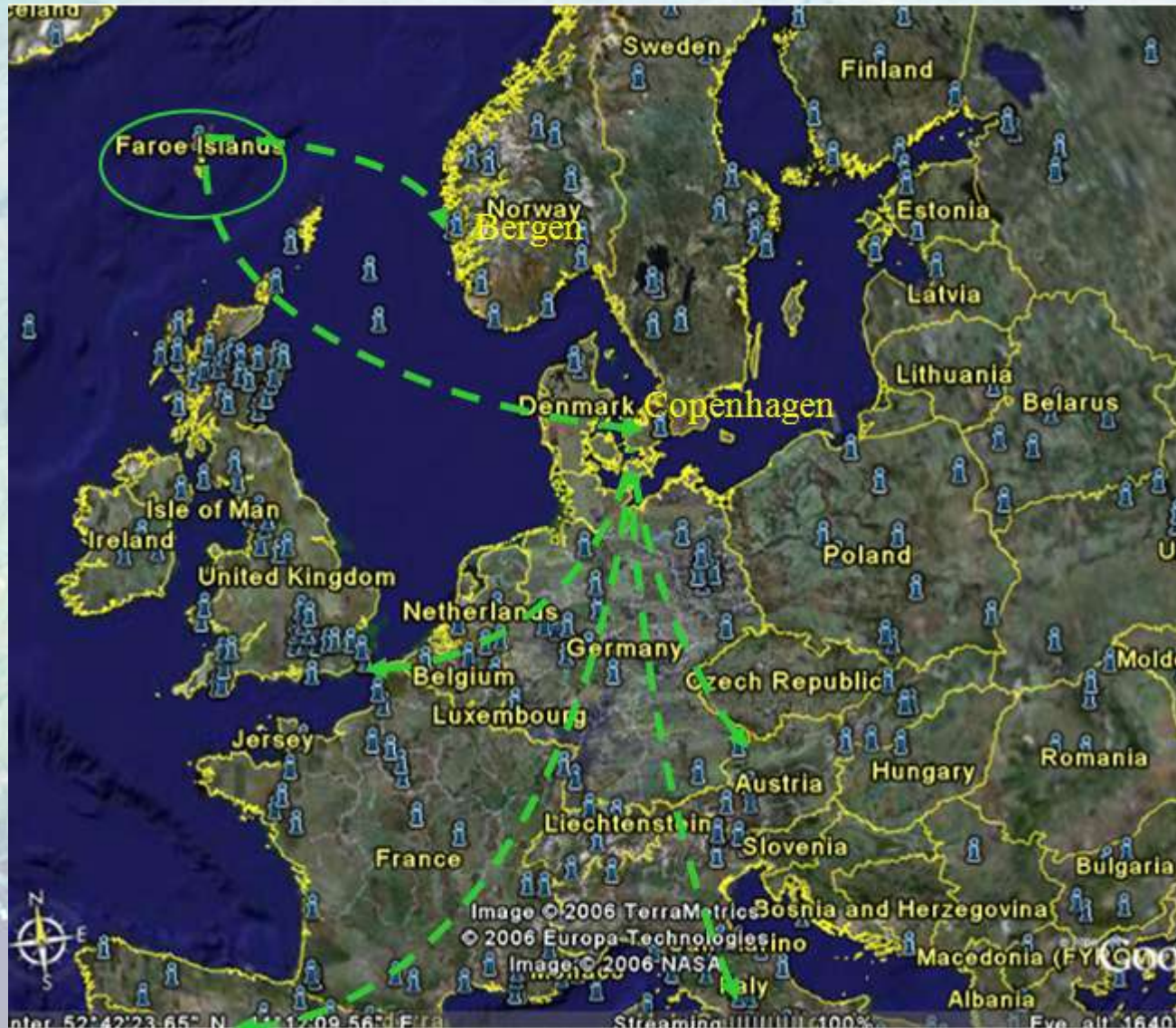


'Skipan j haga' - The number of sheep to be kept on an area of pasture land - shall remain the same as it was in previous time.

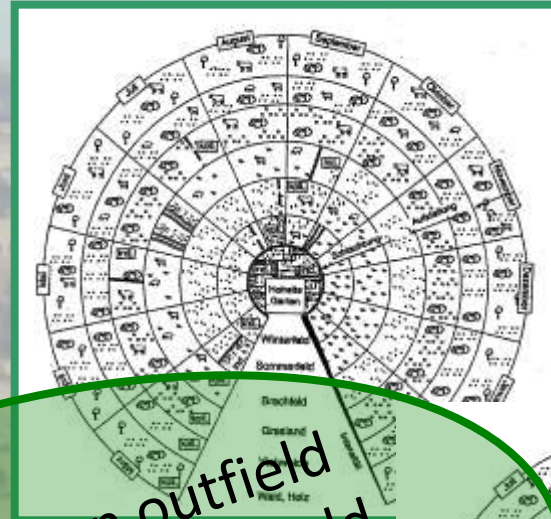
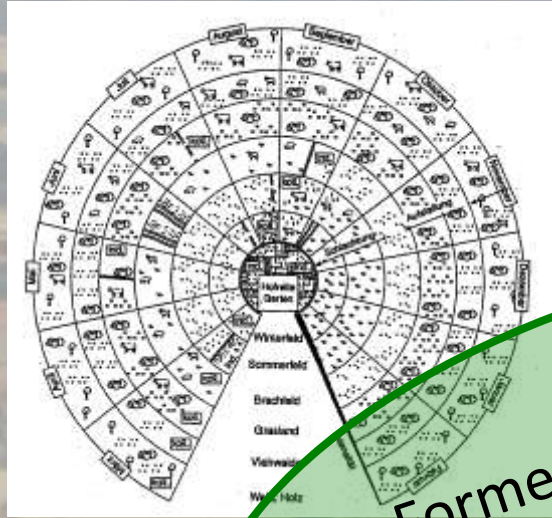
If they agree that it can accommodate more, then they can have as many (sheep) as they can agree upon, and every man can have as many sheep, as his share of the property can justify.

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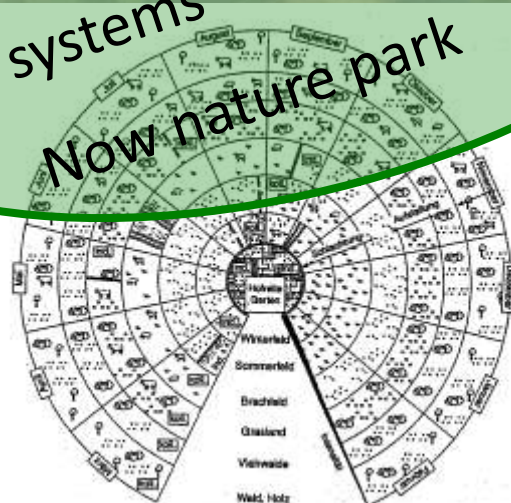
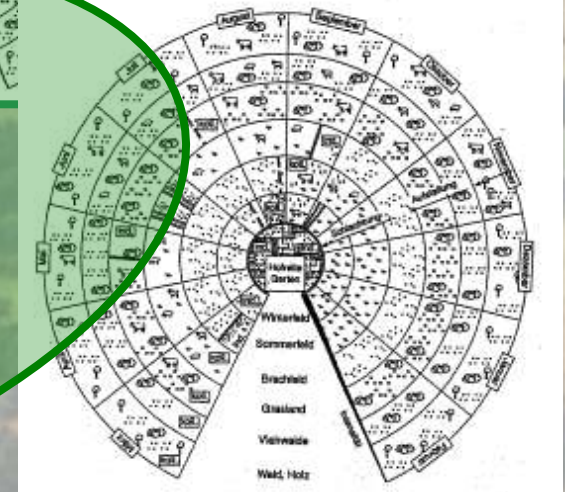


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Nature parks are extremely heterogenous landscapes!  
= varied and complex conflicts

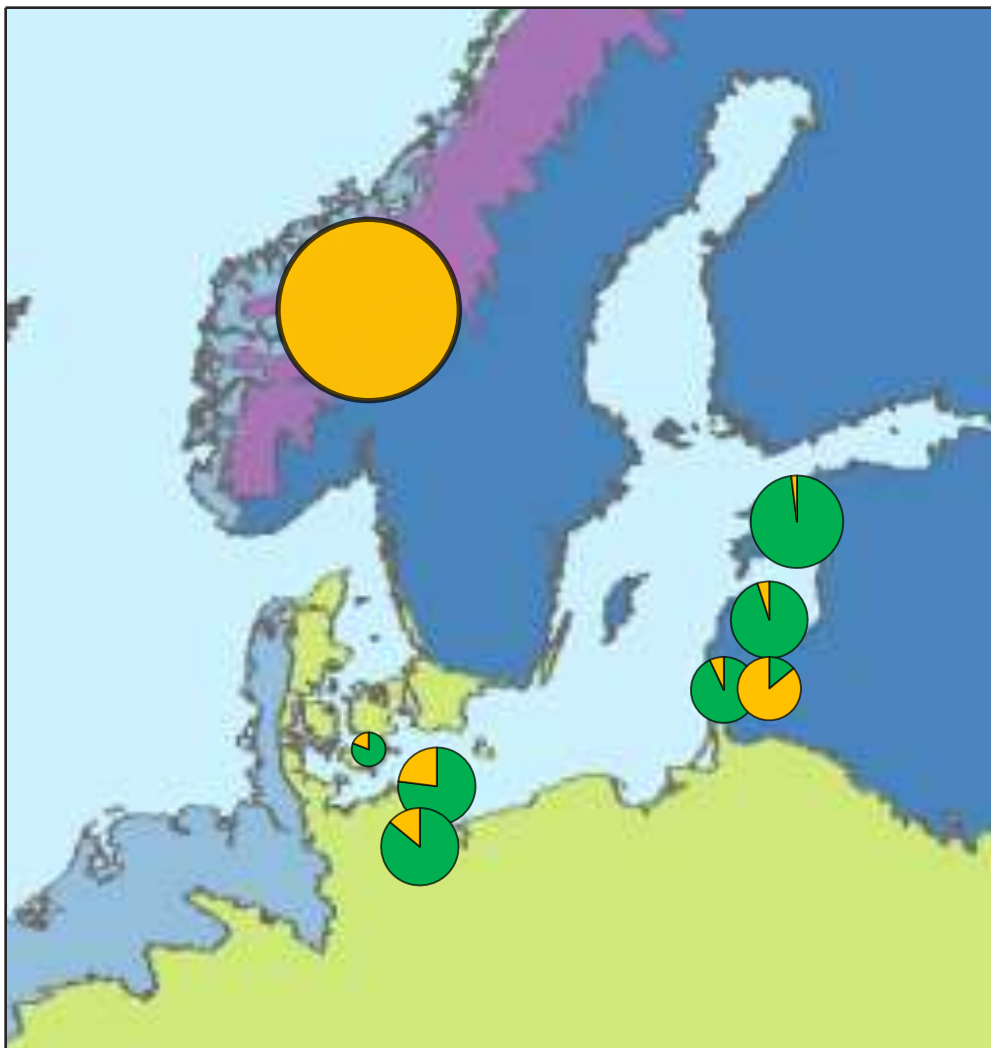
Former common outfield for several infield-outfield systems  
Now nature park



'Mediation among stakeholders is irrelevant, if it is based on ignorance of the integrated character of nature and people'  
(Gunderson and Holling, 2002, p.8)

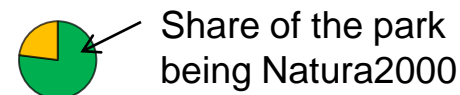
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Source: Extraction from the EU Natura2000 Database for habitat sites overlapping the 7 EU-parks of Parks&Benefits. European Environmental Agency (EEA): Biogeographical regions, Europe 2001. <http://www.eea.europa.eu/data-and-maps/figures/biogeographical-regions-europe-2001>.

Dovrefjell, Norway is not part of EU, and therefore outside the Natura2000-system  
The area of the circles are proportional to the size of the parks

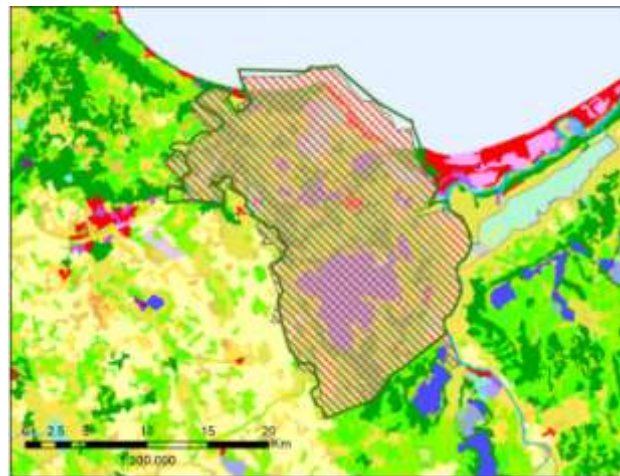




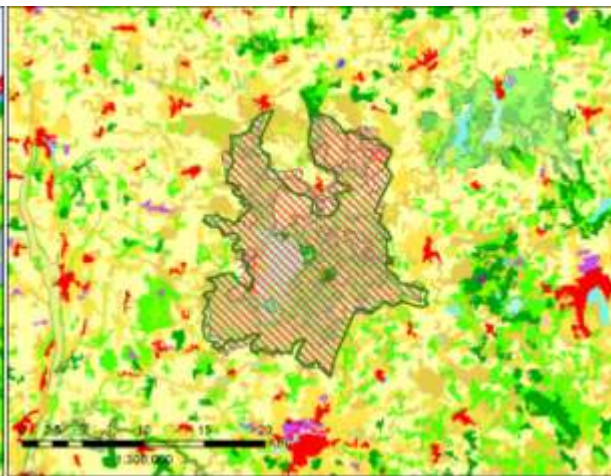
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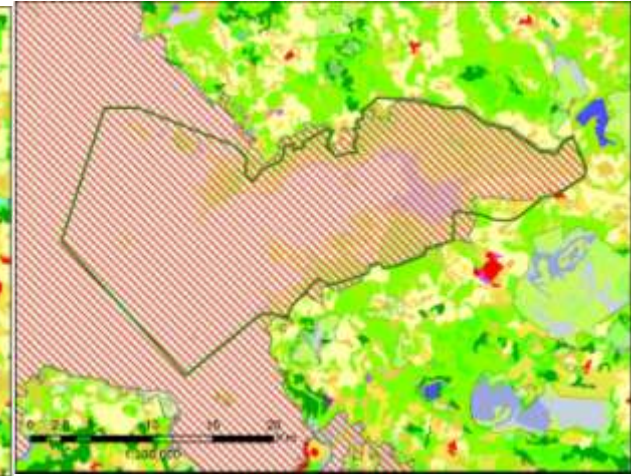
Map 3.2, 3.3, 3.4 and 3.5: Natura2000 sites overlapping the parks delineated along Natura2000-boundaries. All Natura2000 areas (delineated with a dark green stroke) have a semitransparent light green overlay. Habitat sites overlapping the park has been dark red shaded, Bird sites perpendicular Flamingo red.



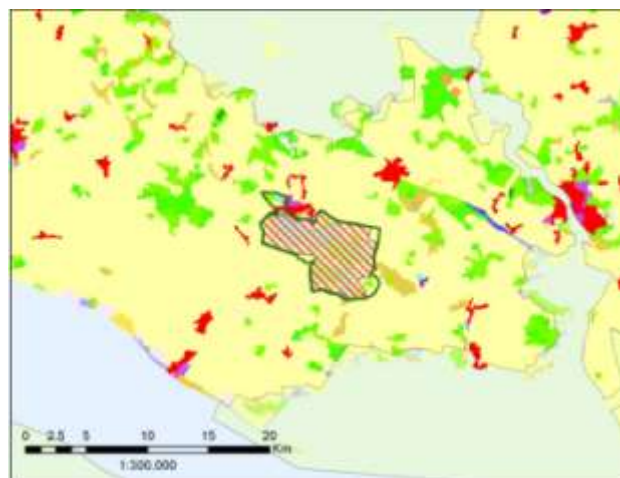
Kõmeri National Park – 95% Natura 2000



Žemaitija National Park – 93% Natura 2000



Matsalu National Park – 98% Natura 2000



Maribo Lakes Nature Park – 81% Natura 2000

### Delineation along Natura 2000:

Kõmeri National Park – 5% not Natura200

Žemaitija National Park – 7% not Natura2000

Matsalu National Park – 2% not Natura2000

Maribo Lakes Nature Park – 19% not Natura2000

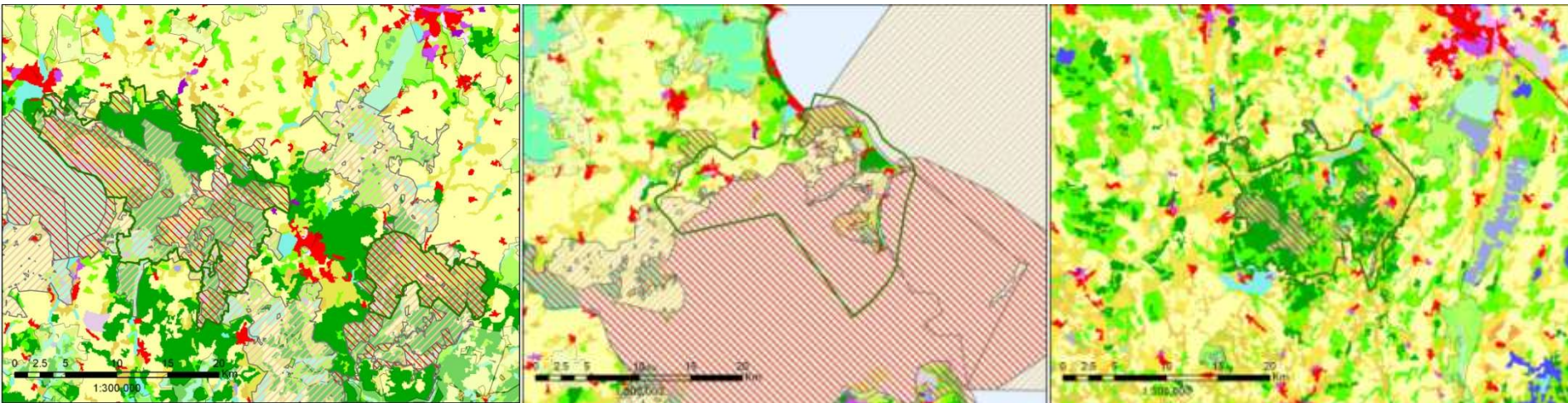
All Natura 2000-delininations comprises both the Habitat Directive and the Bird Directive

Corine land cover classes	
<b>1. Artificial surfaces</b>	<b>2. Forest and semi-natural areas</b>
<b>1.1 Urban fabric</b>	<b>2.1 Forest</b>
1.1.1 Urban fabric	2.1.1 Broad-leaved forest
1.1.2 Suburban fabric	2.1.2 Coniferous forest
1.1.3 Industrial, commercial and transport plots	2.1.3 Mixed forest
1.1.4 Bare fallow	2.1.4 Broad-leaved forest, regular coppice
1.1.5 Bare or little cultivated land	2.1.5 Mixed coppice
1.1.6 Bare or little cultivated land	2.1.6 Broad-leaved forest
1.1.7 Bare or little cultivated land	2.1.7 Coniferous forest
1.1.8 Bare or little cultivated land	2.1.8 Pasture woodland
1.1.9 Bare or little cultivated land	2.1.9 Broad-leaved forest, low and tall trees
1.1.10 Bare or little cultivated land	2.1.10 Broad-leaved forest, low and tall trees
1.1.11 Bare or little cultivated land	2.1.11 Broad-leaved forest, low and tall trees
1.1.12 Bare or little cultivated land	2.1.12 Broad-leaved forest, low and tall trees
1.1.13 Bare or little cultivated land	2.1.13 Broad-leaved forest, low and tall trees
1.1.14 Bare or little cultivated land	2.1.14 Broad-leaved forest, low and tall trees
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Map 3.1, 3.6 and 3.7: Natura2000 sites overlapping the parks, delineated independently of Natura2000-boundaries. All Natura2000 areas (delineated with a dark green stroke) have a semitransparent light green overlay. Habitat sites overlapping the park has been dark red shaded, Bird sites perpendicular Flamingo red.



Müritz National Park – 86% Natura 2000

Biosphere reserve South-East Rügen – 77% Natura 2000

Kurtuvenai Regional Park – 14% Natura 2000

### Deliniation independently of Natura 2000:

Müritz National Park – 14 % not Natura2000

Biosphere Reserve South-East Rügen – 23% not Natura2000

Kurtuvenai Regional Park – 84% not Natura2000

Natura 2000-delinations comprises a complicated spatial mixture of sites under the Habitat Directive and the Bird Directive



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Table 2.6: European listed priority habitat types within the park-related habitat sites (SACs or SCIs). Priority habitat types are the habitat types with the highest conservational priority at a European level.

	BR SE Rügen	NLP Zemaitija	NP Maribo	NLP Müritz	NLP Matsalu	NLP Kemerī	NLP Kurtuvenei	Total
<b>Size of the park (km<sup>2</sup>)</b>	<b>259,12</b>	<b>211,49</b>	<b>47,15</b>	<b>326,78</b>	<b>509,66</b>	<b>391,94</b>	<b>192,04</b>	<b>1.938,18</b>
Numbers of NATURA2000 listed habitat types represented in each park	27	15	16	20	23	26	14	55
<b>Priority habitat types (hectars):</b>	<b>2.331</b>	<b>563</b>	<b>307</b>	<b>778</b>	<b>15.203</b>	<b>7.670</b>	<b>403</b>	<b>27.254</b>
Active raised bogs						3817	15	3832
Alluvial forests with <u>Alnus glutinosa</u> and <u>Fraxinus excelsior</u> ( <u>Alno-Padion</u> , <u>Alnion incanae</u> , <u>Salicion albae</u> )	18	27	192	39		382		658
Bog woodland	125	364	38	392		1909	231	3.059
Boreal Baltic coastal meadows					6.081			6.081
Calcareous fens with <u>Cladium mariscus</u> and species of the <u>Caricion davallianae</u>		15	38	341	253	19	10	677
Coastal lagoons	2.103				760			2.863
Fennoscandian deciduous swamp woods		73			3.041	763	7	3.883
Fennoscandian hemiboreal natural old broad-leaved deciduous forests ( <u>Quercus</u> , <u>Tilia</u> , <u>Acer</u> , <u>Fraxinus</u> or <u>Ulmus</u> ) rich in epiphytes					1.267	8		1.275
Fennoscandian lowland species-rich dry to mesic grasslands					507	0		507
Fennoscandian wooded meadows					507			507
Fixed coastal dunes with herbaceous vegetation ("grey dunes")	27					8		34
Inland salt meadows			38					38
Nordic alvar and precambrian calcareous flatrocks					2.027			2.027
Species-rich <u>Nardus</u> grasslands, on <u>silicious</u> substrates in mountain areas (and submountain areas in Continental Europe)	30	11						41
<u>Tilio-Acerion</u> forests of slopes, screes and ravines	28							28
Western <u>Taiga</u>		73			760	765	141	1.738
Xeric sand calcareous grasslands				6				6
<b>Numbers of priority habitat types represented in each park:</b>	<b>6</b>	<b>6</b>	<b>4</b>	<b>3</b>	<b>9</b>	<b>9</b>	<b>5</b>	<b>17</b>

Listed Natura2000 Habitat types in Europe in all: 231. 55 (24% are represented in the 7 parks)

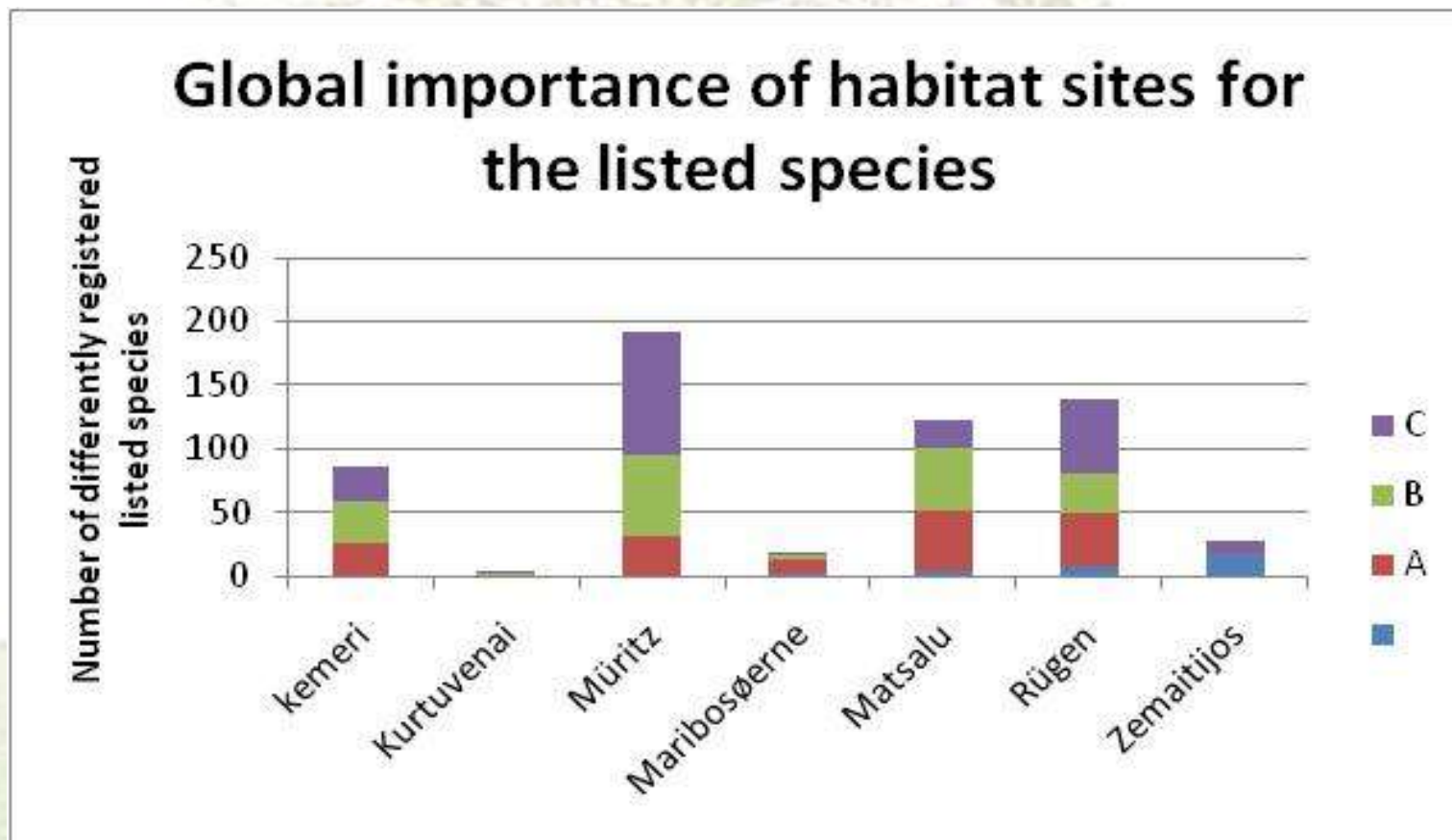
Listed Natura2000 Priority habitat types in Europe in all: 75. 17 (23% are represented in the 7 parks)

Sources: European Environmental Agency (EEA): Natura 2000 data – the European network of protected sites.

<http://www.eea.europa.eu/data-and-maps/data/natura-2000>. For a description of habitat types, see: European Environmental Agency (EEA): Natura2000, 2007. Interpretation manual of European Union habitats. EUR 27. European Commission DG Environment. Nature and biodiversity. [http://ec.europa.eu/environment/nature/legislation/habitatsdirective/docs/2007\\_07\\_im.pdf](http://ec.europa.eu/environment/nature/legislation/habitatsdirective/docs/2007_07_im.pdf)

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Figure 2.5: Number of differently registered listed species, and the global importance of the overlapping Natura2000 sites for the protection of the species. A (red): Excellent value, B (green): good value, C (lilac): significant value, (Blue colour): no information on global assessment, since the Natura2000-sites are judged to have a non-significant representativity for the species. Since different habitat sites can be evaluated to have different quality for a species, a species count for each different quality assessment for a species has been made. Therefore the species-numbers for each park exceeds the total species number that can be counted together from table 6a and 6 b. Nevertheless the figure gives a rather precise impression of the quality of the habitats for the amount of listed species expressed by the global importance.



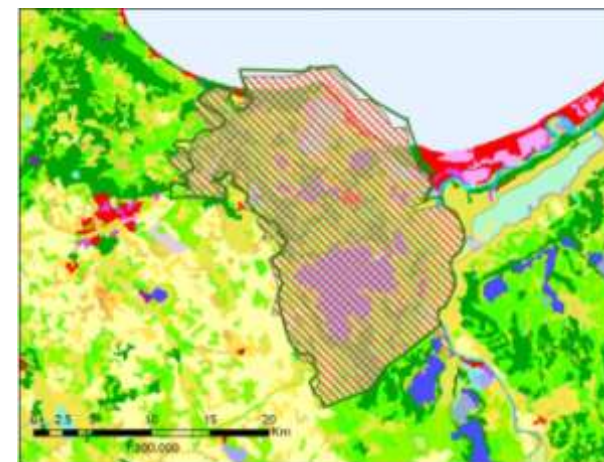
Source: Extraction from the EU Natura2000 Database for Natura2000 sites overlapping the 7 EU-parks of Parks&Benefits.

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Example of information on human impacts on Natura2000-sites overlapping a park territory.

Name	inOut	intensity	influence	pct	activity	SITECODE_1
kemeri	I	B	0	1	dispersed habitation	LV0200200
kemeri	I	B	0	1	paths, tracks, cycling tracks	LV0200200
kemeri	I	C	0	1	railway lines, TGV	LV0200200
kemeri	I	C	0	1	electricity lines	LV0200200
kemeri	I	B	0	1	pipe lines	LV0200200
kemeri	I	B	0	4	Urbanised areas, human habitation	LV0200200
kemeri	I	B	0	5	roads, motorways	LV0200200
kemeri	I	B	0	6	Leisure fishing	LV0200200
kemeri	I	B	0	25	walking, horseriding and non-motorised vehicles	LV0200200
kemeri	O	B	-	0	disposal of household waste	LV0200200
kemeri	O	B	-	0	disposal of industrial waste	LV0200200
kemeri	I	B	-	1	forestry clearance	LV0200200
kemeri	I	C	-	1	disposal of industrial waste	LV0200200
kemeri	I	B	-	1	Other pollution or human impacts/activities	LV0200200
kemeri	I	B	-	1	Trampling, overuse	LV0200200
kemeri	I	C	-	2	abandonment of pastoral systems	LV0200200
kemeri	I	A	-	2	management of water levels	LV0200200
kemeri	I	B	-	3	water pollution	LV0200200
kemeri	I	B	-	5	motorised vehicles	LV0200200
kemeri	I	B	-	5	eutrophication	LV0200200
kemeri	I	B	-	21	removal of dead and dying trees	LV0200200
kemeri	I	B	-	24	Drainage	LV0200200
kemeri	I	B	-	35	Hunting	LV0200200
kemeri	I	B	-	50	disposal of household waste	LV0200200
kemeri	I	C	+	4	mowing / cutting	LV0200200



**inOut:** activity within (I) or outside (O) the site with impact on the site

**Intensity:** A-high influence, B-medium influence, C-low influence

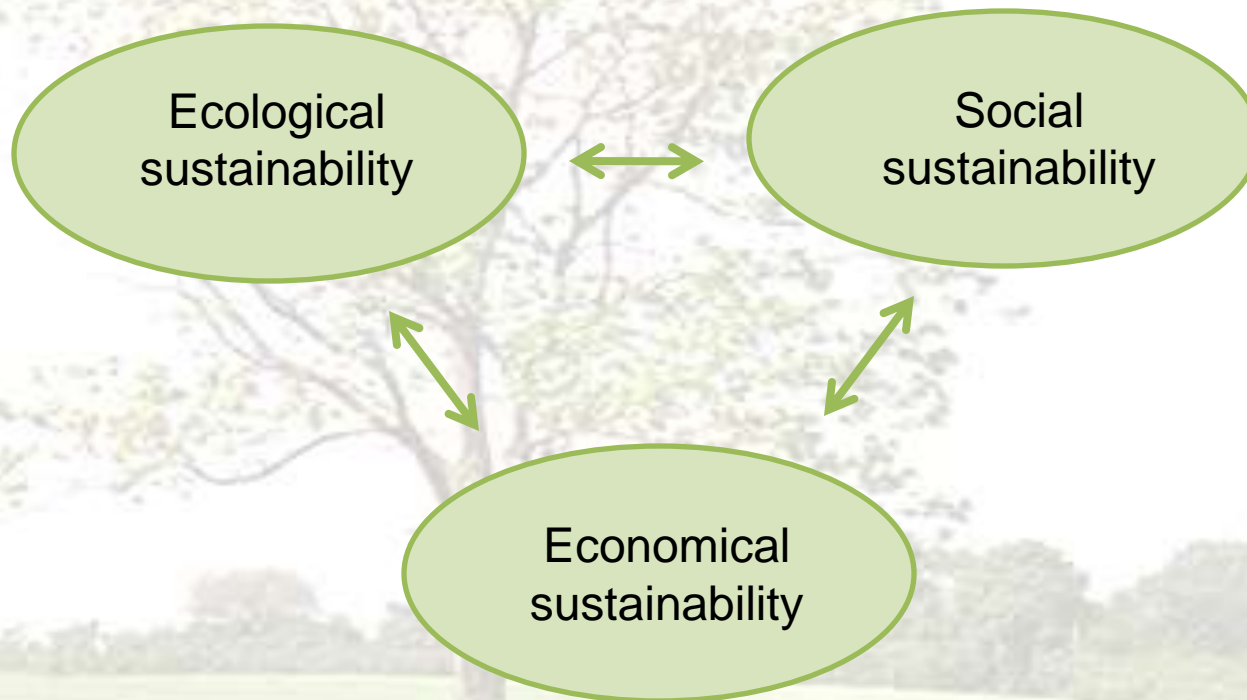
**Influence:** indicate if the influence is positive (+), negative (-) or newtral (0)

**pct:** Percentage of the site affected by the activity

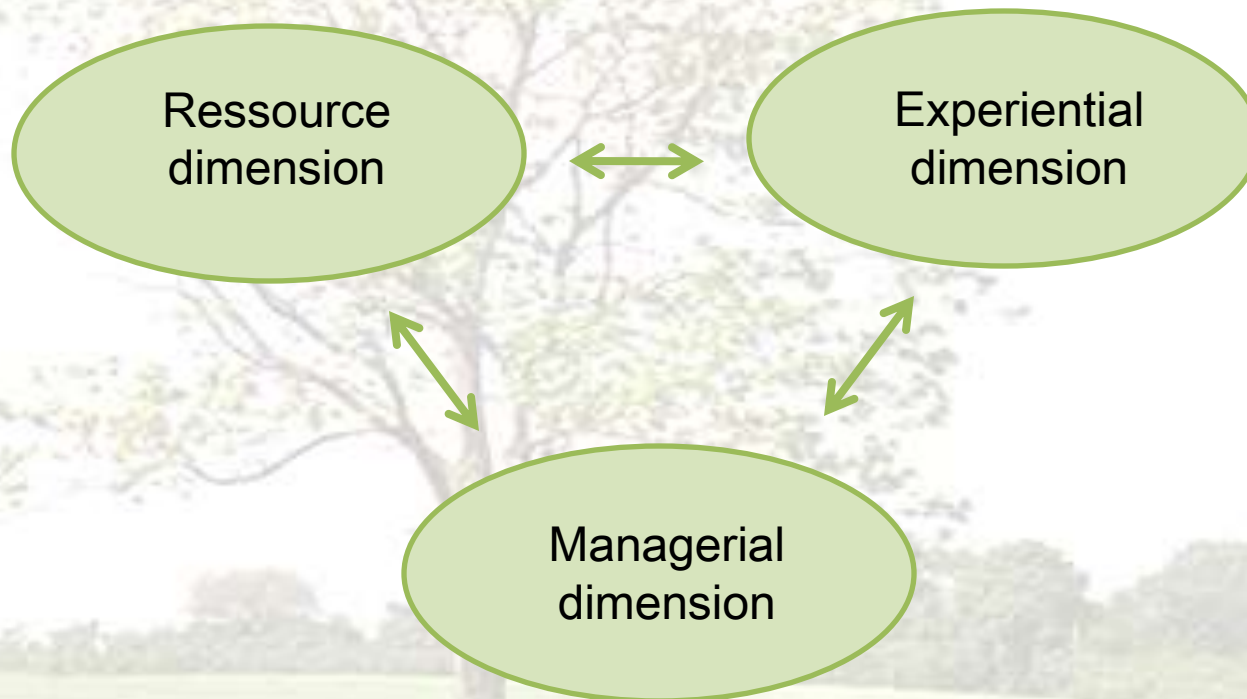
**Activity:** Human activity or induced natural process influencing the conservation and management of the site

**SITECODE\_1:** The natura2000-site code.

Three dimensions of sustainability following the Brundtland Report on sustainable development, 1986



Three dimensions of carrying capacity of parks and related areas  
(Manning & Lime 1996)



Source: Manning, R. and D. Lime 1996. Crowding and Carrying Capacity in the National Park System: Towards a Social Science Research Agenda. Wroding and Congestion in the National Park System: Guidelines for Management and Research. St. Paul. University of Minnesota Agricultural Experiment Station Publication 86, 27-65

## VERP: Visitor Experience and Ressource Protection I

1. Establish management objectives/desired conditions and associated indicators and standards.
2. Monitor indicator variables.
3. Apply management practices to ensure that standards are maintained

Manning, R. (2004): Recreation Planning Frameworks. *Society and Natural Resources: A Summary of Knowledge*. Jefferson, MO: Modern Litho, 83-96



## **VERP: Visitor Experience and Ressource Protection II**

**Management goals/desired conditions.** Broad descriptions of the state and qualities, being desired to maintain in and around the park.

**Indicators:** More specific, measurable variables, reflecting the essence of or the meaning of the management objectives.

**Standards:** The minimum acceptable values of the indicators

Manning, R. (2004): Recreation Planning Frameworks. *Society and Natural Resources: A Summary of Knowledge*. Jefferson, MO: Modern Litho, 83-96

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What is a good indicator? – an evaluation matrix

Potential indicators	Criteria for good indicators								
	Specific	Objective	Reliable and repeatable	Related to visitor use	Sensitive	Manageable	Efficient and effective to measure	Integrative or synthetic	Significant
Indicator 1									
Indicator 2									
Indicator 3									
Indicator 4									
Indicator 5									
Indicator . . .									

A good indicator should be:

- Specific
- Objective
- Reliable and repeatable
- **Related to visitor use**
- Sensitive
- Manageable
- Efficient and effective to measure
- Integrative or synthetic
- Significant

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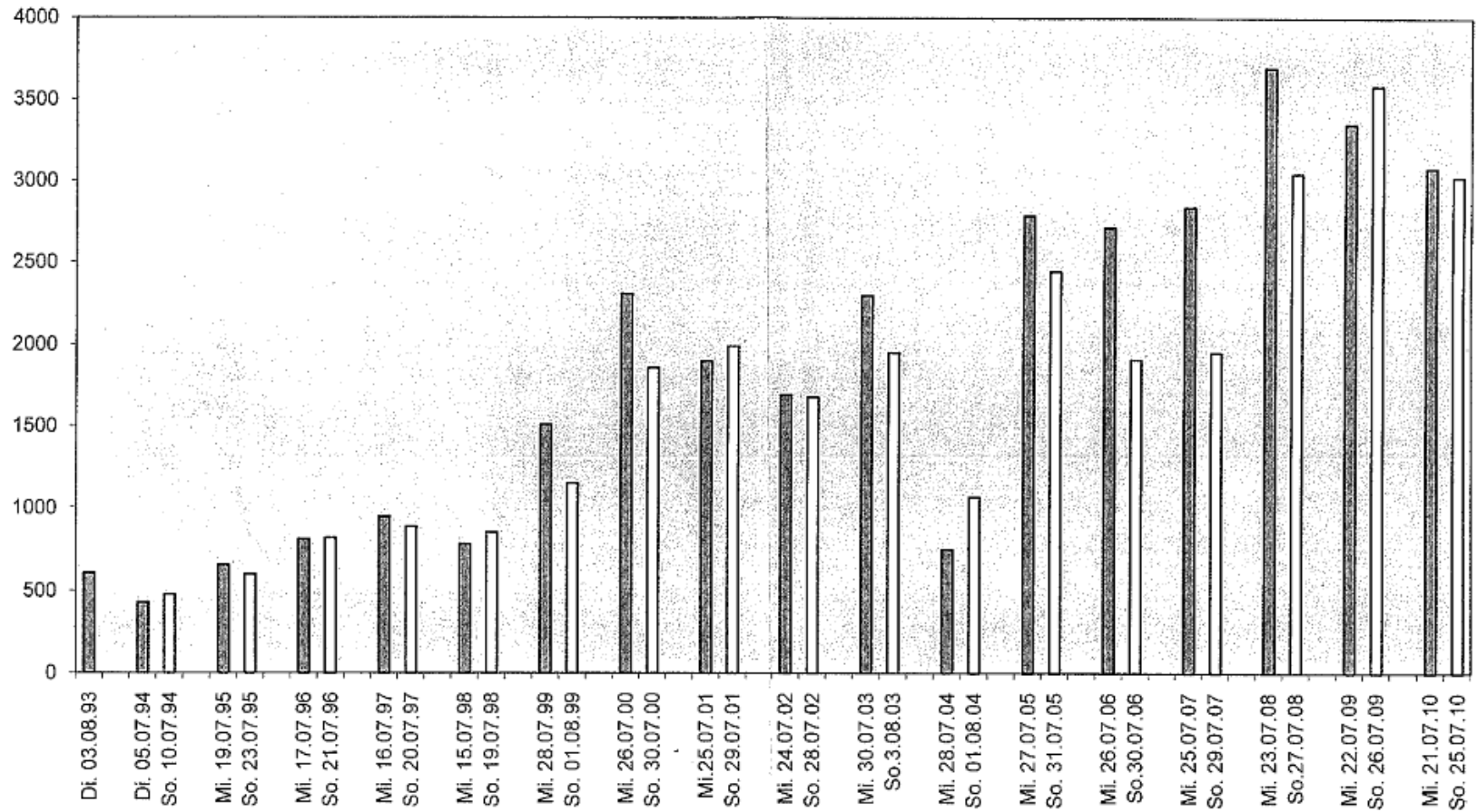
Table 2.1: Population within and around the 8 nature parks and estimations of visitors and overnight stay capacity.

	<u>Dovre- fjell</u>	<u>Kemer</u>	<u>SE-Rügen</u>	<u>Kurtu- vene</u>	<u>Maribo- søerne</u>	<u>Matsalu</u>	<u>Müritz</u>	<u>Zemaitija</u>
Population within the park, in 1000 <sup>1)</sup>	No data	7	12	3	2	1	2	6
Population within 50 km from the park, in 1000 <sup>1)</sup>	No data	1.142	395	456	191	106	676	484
Estimated number of day tourists per year (in 1000)								
Estimated number of overnight tourists (guest-arrivals) per year (in 1000)			1.300					
Estimated number of visitors per year (in 1000)	30 (?)				20 (?)			
Number of accommodation spaces within the park			64.000 (?)		997			
Number of accommodation spaces within 5 km from the park (incl. the park)					1.471			
Number of guest overnight stays pr. Year (in 1000)			7.000					

Source: <sup>1)</sup> is based on distribution of population from EUROSTAT according to the CORINE land cover classification. The rest is based on information from local accommodations (Maribo), the park authorities or judgements based on their information. A lot of comparable quantitative data is missing.

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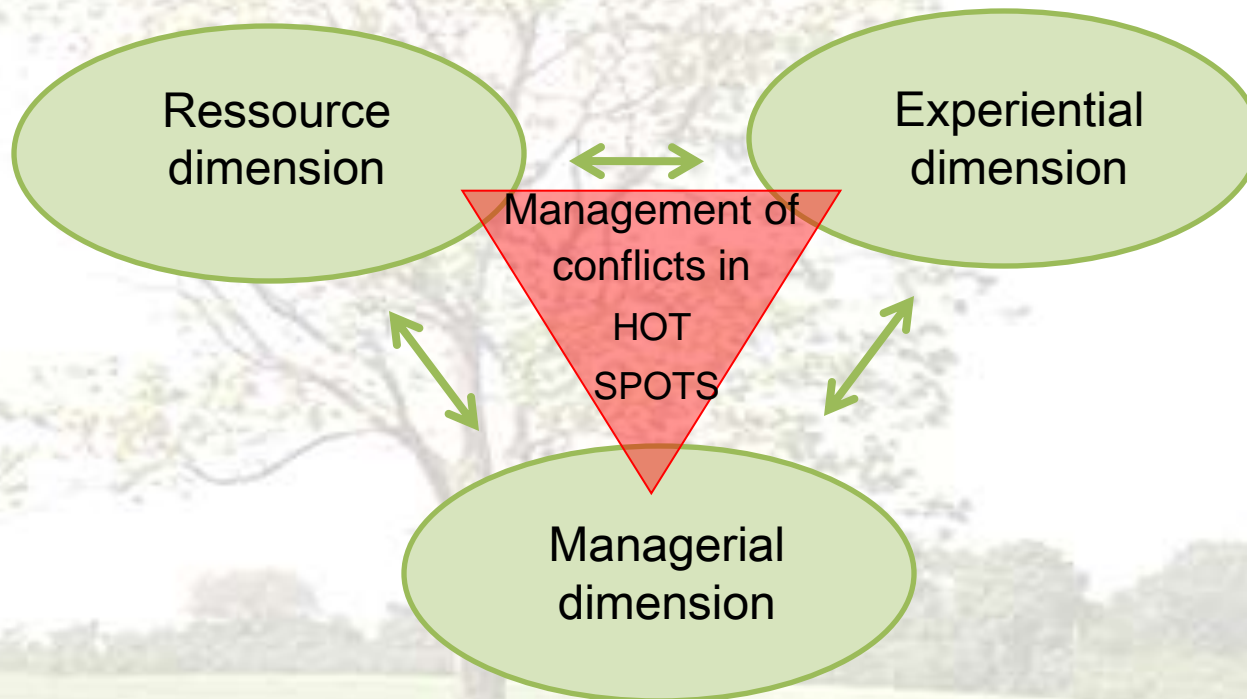
Baabe - Radfahrer - Zählung Amt AfBR SOR



Registrations of bicycles at Tor von Baabe on two days in the end of July every year since 1993

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Three dimensions of carrying capacity of parks and related areas  
(Manning & Lime 1996)



Source: Manning, R. and D. Lime 1996. Crowding and Carrying Capacity in the National Park System: Towards a Social Science Research Agenda. Wroding and Congestion in the National Park System: Guidelines for Management and Research. St. Paul. University of Minnesota Agricultural Experiment Station Publication 86, 27-65

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## Inductive analysis of carrying capacity conflicts:

- 1. Søholt bay:** Waterfowl observation, pike fishery
- 2. Western shore of Sønder sø:** Nesting of White-tailed Eagle, lake experience
- 3. Bøndersvig enge:** Sub-urban rich meadows (orchids).

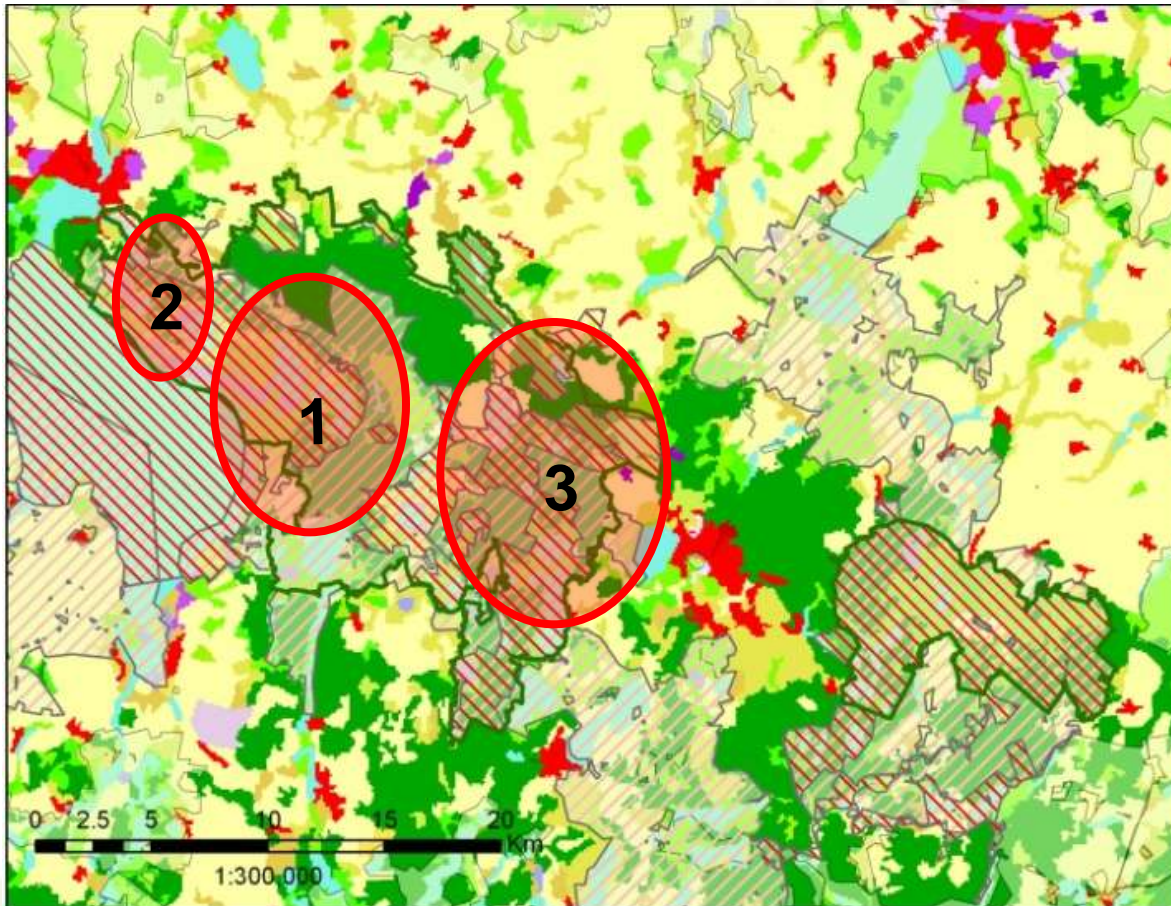
## For each hot spot (conflict management area):

- Describe the conflict
- Describe main measures to counteract trends of exceeding the carrying capacity of the local hot spot!
- Are there possible indicators for the conflict?
- Are there possible standards for these indicators, below which the conflict can be expected to be controlled?

## Possible overall carrying capacity:

- Related to visitor use from land
- Related to visitor use from water

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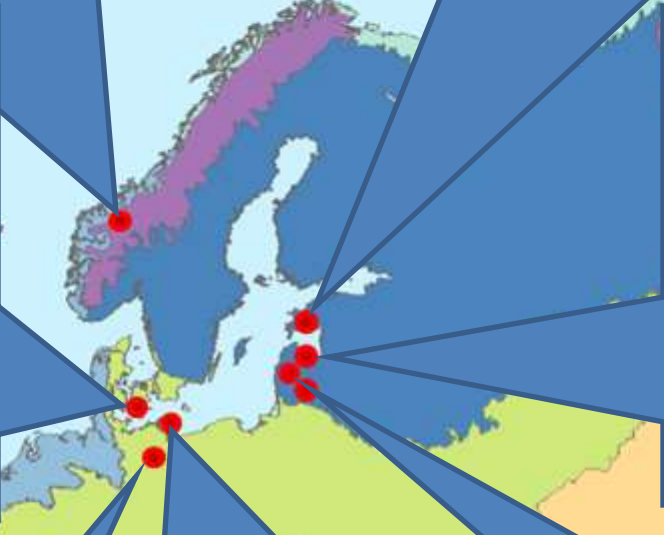
1. Lake Müritz cycle path
2. Rederangsee – resting area for cranes
3. Canoe route Havel river

Natura2000 sites overlapping Müritz National Park. All Natura2000 areas (delineated with a dark green stroke) have a semitransparent light green overlay. Habitat sites overlapping the park has been dark red shaded, Bird sites perpendicular Flamingo red.

**Dovrefjell National Park, Norway:**  
**Hot spots:** 1. Man-nature conflict: 1. Man-man conflict: 1  
**Most important conflicts:** Reindeer carving area  
**Conflict registration/presentation:**  
Government decision/ research programmes  
**Indicators/standards:**  
Spatial behaviour of reindeers vs. Spatial behaviour of visitors  
**Regulation methods:**  
Removal of military sites and roads. Intensive monitoring

**Matsalu National Park, Estonia:**  
**Hot spots:** 2. Man-nature conflict: 1. Man-man conflict: 1  
**Most important conflicts:**  
Traffic, dust, trespassing on private land, peoples/dogs  
**Conflict registration/presentation:** Management plan  
**Indicators/standards:**  
-  
**Regulation methods:** Communication

**Nature park Maribo Lakes, Denmark:**  
**Hot spots:** 5  
Man-nature conflict: 2  
Man-man conflict: 3  
**Most important conflicts:**  
Fishing, sailing/waterbirds  
**Conflict registration/presentation:**  
Government decision/vulnerability plan at county level  
**Indicators/standards:**  
Zoning, especially of the lake territories  
**Regulation methods:**  
Control of restrictions



**Kemeri National Park, Latvia:**  
**Hot spots:** 3  
Man-nature conflict: 2  
Man-man conflict: 1  
**Most important conflicts:**  
Coastal forests; trampling+littering; fire, erosion  
**Conflict registration/presentation:**  
-  
**Indicators/standards:**  
Vegetation cover; number of fires  
**Regulation methods:**  
Parking fees; wooden path to beach

**Müritz National Park, Germany:**  
**Hot spots:** 3  
Man-nature conflict: 1  
Man-man conflict: 2  
**Most important conflicts:**  
Cycle path, crane-watching, canoeroute  
**Conflict registration/presentation:**  
Delphi-method  
**Indicators/standards:**  
Max group size (25). Max visitors (160 per evening)  
**Regulation methods:**  
Agreement with park-rangers. Evaluation before and after crane season

**Biosphere Reserve SE-Rügen, Germany:**  
**Hot spots:** 4  
Man-nature conflict: 3  
Man-man conflict: 1  
**Most important conflicts:**  
Water tourism/fishing vs. Biodiversity  
**Conflict registration/presentation:**  
Participatory process  
**Indicators/standards:**  
Fishermen/fiscing pikes. Zoning  
**Regulation methods:**  
Common agreement (partly). Monitoring

**Zemaitija National Park, Lithuania:**  
**Hot spots:** 0  
Man-nature conflict: 0  
Man-man conflict: 0  
**Most important conflicts:**  
Recreation  
**Conflict registration/presentation:**  
-  
**Indicators/standards:**  
Zoning  
**Regulation methods:**  
Control of zonation



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Summing up:

Visitor carrying capacity of nature parks should deal with visitor satisfaction in a broad and wise universal/existential way.

It differs from a general sustainability strategy by being more focused on estimating the number and behavior of visitors in a concrete spatial context in the balance with the number and behavior of the other species with whom we are living together.

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Carrying capacity is **not** a scientifically objectively determined measure, but a result of political decision processes among stakeholders, balancing use and protection preferably based on scientific and/or experiential cognition.

The management of carrying capacity of visitors is an instrument to optimise the experience of visitors (including minimising conflicts between them) and at the same time protect the nature resources giving rise to the experience.

FINITO