



## LAUKU CEĻOTĀJS

### Programm for Latvian Environmental and tourism specialists to Norway 28.06. – 5.07.2009

#### 1<sup>st</sup> day/ 28.06.2009

Departure from Riga with a ferry to Stockholm at 17:45

#### 2<sup>nd</sup> day/ 29.06.2009

Arrival in Sweden at 09:30.

Stockholm – Kinnekulle. (~4.5 hours drive)

Meeting with local tour operators and in tourism/environment projects involved people.

Overnight in Kinnekulle

<http://www.kinnekullecamping.com/>

#### 3<sup>rd</sup> day/ 30.06.2009

8:00 Breakfast meeting with Mrs. Eva Maria

10:00 Departure to Jostedalsbreen national park, Luster municipality (~11 hours drive).

Arrival in late afternoon.

Overnight in Jostedal camping

<http://www.jostedalcamping.no/>

#### 4<sup>th</sup> day/ 01.07.2009

Meet with Mrs. Anne Rudsengen - ranger

Possible activities and places of interest:

- Nigardsbreen nature reserve in the Jostedalsbreen national park which seems to be one of the most popular tourist destinations
- Walking the Nigardsbreen glacier trail – paved (in the beginning) trail, leading to the end of the glacier, accessible to visitors.
- Short blue ice trip ([www.bfl.no](http://www.bfl.no)) Approx. 2 hours on ice, totally 3.5 hours from car park and back.
- On this day, a guided tour in mountains could be taken with panoramic views over the glacier

Overnight in Jostedal camping

<http://www.jostedalcamping.no/>

#### 5<sup>th</sup> day/ 02.07.2009

09:00 – 11:30 Meeting in Breheimsenter – presentation of local nature management, hosted by Mr. Peder Kjærvik (potential speakers - Mr. Tom Dybwad from the County Governor, ranger Anne Rudsengen or Mr Peder Kjærvik from the Tourist Centre) and Steinulf Skjerdal (or other person) from Luster Municipality.

Lunch at Breheimsenteret

12.15 Departure to Viva (bus ca 30 min). Walk from here to Sprongdalshytta (belonging to the Norwegian Hiking Organization (DNT) for information on proposed





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Breheimen National Park, hydro power development and walking tourism. Return same way.

Ca. 17.00 End of walk, return to bus.

Departure to Lillehammer.

Overnight near Lillehammer.

### **6<sup>th</sup> day/ 03.07.2009**

Departure towards Stockholm, village Skinnskatteberg.

Overnight in Kolarbyn.

[www.kolarbyn.se](http://www.kolarbyn.se)

### **7<sup>th</sup> day/ 04.07.2009**

Departure to Stockholm

Ferry back to Riga at 17:00

### **8<sup>th</sup> day/ 05.07.2009**

Arrival in Riga at 11:00

