

Package Type: Stopover Riga-Tallinn

Season: May - September

For whom: for groups (min 8. - max.45)

Package includes: Excursion and tasting in Herb garden

+ lune

Duration of the package (excl.transportation from Riga): 4 hours (2h excursion + 2h lunch)

Type of transport: organized tourist bus

Distance from Riga: 76km

Herb garden and country style lunch

The distance from Riga to Tallinn is more than 300 km and it takes ~5h by bus. Therefore we suggest to make a stop on the way for a brief excursion in a herb farm and lunch in a country pub.

This stopover place is in ca 1.5 hours' drive from Riga, just on time to stretch one's legs and diversify the trip. It will give an insight in the country lifestyle and it may surprise the visitors with how Latvians live closely with nature, knowing and using herbs for food, health and beauty. After excursion, the group will have lunch in a country pub serving meals from natural and locally grown ingredients.

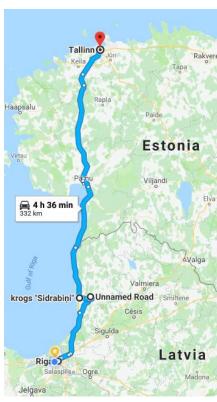
The whole stopover package with an excursion in the herb farm and with lunch (incl. drive) in the pub will take 4 hours.



An outdoor exhibition of health-related plants Avotini



Pub "Sidrabiņi"



Herb garden - an outdoor exhibition of health-related plants "Avotiņi"



Address: "Avotiņi", Lāde, Limbažu pag., Limbažu nov., LV-4001, Latvia

GPS: Lat:57.47557 Lon:24.60754

Distance from Riga: 76 km

Website: http://www.celotajs.lv/en/e/veselibas_augu_ekspozicija

Host: Mr. Jānis Ulmis with family

N.B. The hosts speak LV and RUS languages, they do not speak ENG or JPN



Pub "Sidrabiņi"



Address: "Sidrabiņi", Jelgavkrasti, Liepupes pag.,

Salacgrīvas nov., Latvia

GPS: Lat: 57.466206, Lon: 24.436115

Distance from Riga: 70 km

Website: http://www.celotajs.lv/en/e/krogssidrabini

Host: Mr. Kaspars Bite with family







DEPARTURE from Riga to the herb garden "Avotiņi". "Avotiņi" is located ~76 km from Riga and the ride takes ~1h 30 min by bus.

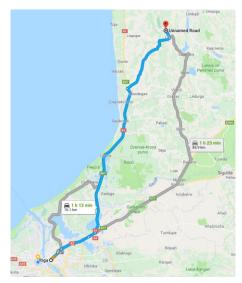


ARRIVING at "Avotini" herb garden and EXCURSION

The "Avotiņi" herb garden grows more than 300 herb species.

They are all used in medicine, health and beauty care, and in wellbeing treatment, therefore the garden is called "the green farmacy". Here healthy lifestyle enthusiasts can find out the secrets of phytotherapy and learn to use plants in many different ways – making aromatic pillows, healthy teas, bath scrubs, etc.. In the summertime, the outdoor display of

plants is beautiful in colours and smells. The host will take visitors through



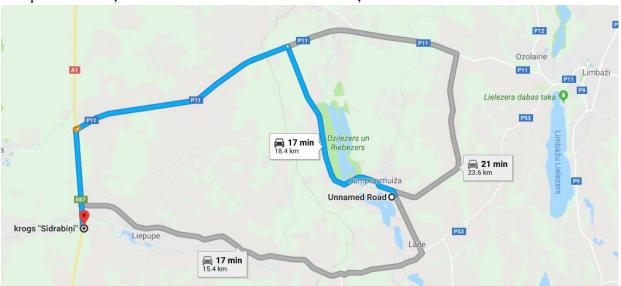
the garden to show and tell about plants and their use. The excursion will end with tasting of green healthy smoothies made from the garden plants.

Duration of the excursion is ~2h.





DEPARTURE from "Avotiņi" herb garden to the pub "Sidrabiņi". The pub "Sidrabiņi" is located ~15 km from the "Avotiņi" and the ride takes ~20 min.





ARRIVING at the pub "Sidrabini" and a **LUNCH**.

This family run pub is located by the Riga - Tallinn road. It is a renovated historical wooden building.

The owners have a meat processing facility next to the pub, therefore there are always fresh and tasty meals on the menu made from smoked meat products. Smoking is a traditional Latvian method to preserve and prepare food. Meat (usually pork, but also other meats can be smoked) is treated with spices (like salt, pepper, garlic and other), and smoked on wood. Traditionally, the best smoky taste is achieved by using alder wood. The pub offers traditional Latvian foods like pearl barley porridge with smoked bacon, gray peas, black pudding with fried bacon and apples, smoked pork with mustard, horseradish and home-made sauercraut (stewed cabbage) as house specialty.



Here guests can enjoy a traditional 3 course meal and herbal teas.



After lunch CONTINUE your journey to Tallinn.

