



# Lauku Ceļotājs

[www.celotajs.lv](http://www.celotajs.lv)

## Latvijas lauku tūrisma produkta piemēri tālajiem tirgiem

Antra Damberga

22.03.2018., Mazmežotne



Project CAITO - Meta cluster for attracting the  
Japanese tourism market



Atšķirīga vide un  
kultūra – kā  
ieinteresēt un  
padarīt saprotamu  
mūsu lauku tūrisma  
piedāvājumu?





  
LATVIAN  
MANTOJUMS  
LATVIAN HERITAGE



# Pirmā pieredze produkta veidošanā



- lauku tūrisma produkta rokasgrāmata FIN, EE, LV
- tūroperatoriem un individuāliem klientiem
- produkts – apmeklējumi laukos un tūru programmas
- izdota un izplatīta 2017. gadā
- gatavojam 2018. gada izdevumu



# Japāņu tūroperatoru un mediju braucieni



daba – Ķemeru purva laipa





prasmes un dzīvesveids –  
maizes cepšana





prasmes un dzīvesveids –  
koka darbi





saikne ar dabu – ārstniecības augi





**veselība- zaļie kokteiļi**





daba – sēņošana mežā

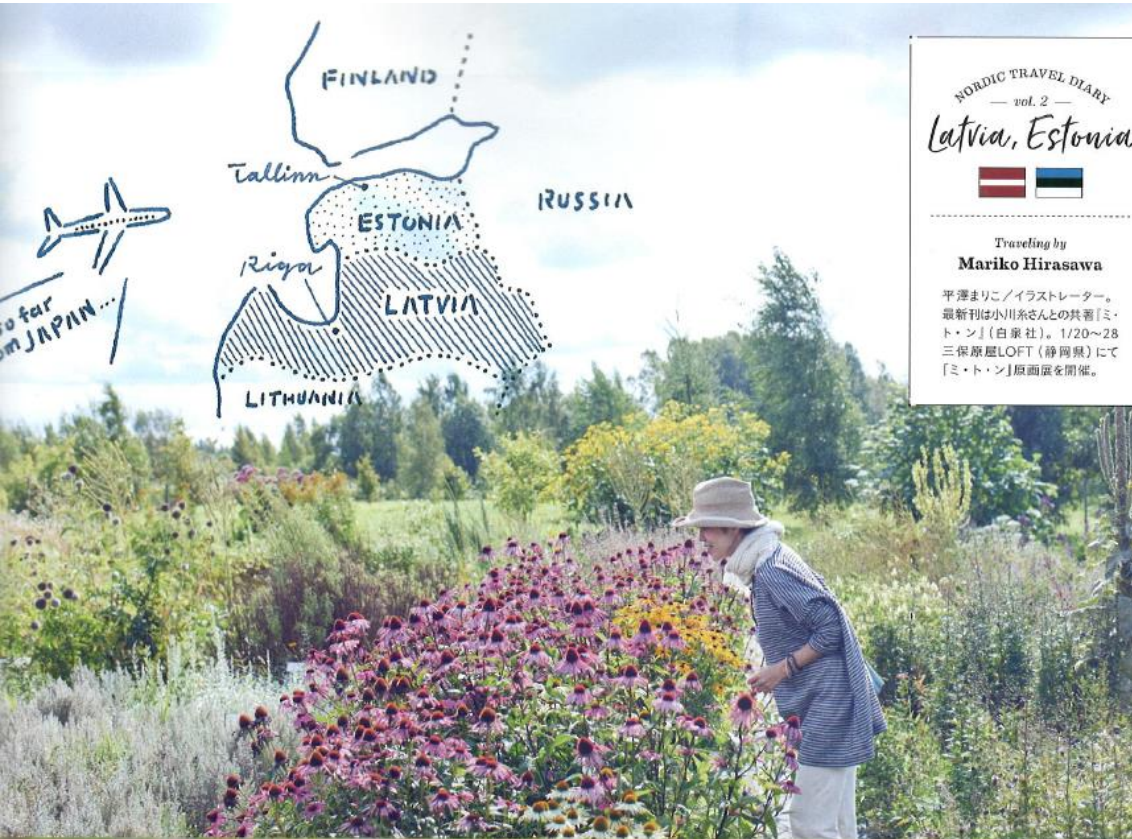




ēdiens – sēņu vakariņas



# Mediju brauciena rezultāti – publikācijas



平澤まりこさんの オーガニックな旅日記【後編】

## ラトビア・エストニアの 田園に癒されて

旅の後編は、ラトビアとエストニアの自然豊かな田園地方へ。  
昔ながらの暮らしの営みを体験した、まりこさんの胸に宿ったものとは？  
自然と人との新しい関係も見えてきそうです。

illustration & diary: Mariko Hirasawa  
photograph: Yumiko Miyahama edit & text: Anna Amamiya



**リンネ**

北欧のお財布やカードセットなど付録充実！ ふわっとやさしい暮らしとおしゃれマガジン！

890円 February 2018

おおいさん  
彩乃さんのお正月たく  
「緒さん、  
ベマキさんの絶品レシピ！  
なお鍋と小さななお鍋  
くり、ゆーったり  
加賀温泉旅！  
重んじた名品が勢ぞろい  
ル  
コスメ大賞2017  
めたい贈りもの  
にご褒美、  
のおもてなしに！  
ーツとお酒の  
イペアリング  
リコさんの  
ニックな旅日記

暮らしの暮らし、おしゃれ、がんばりどころとぬきどころ。

**おしゃれ達人の  
リアルライフ・スナップ！**

ART 1 素敵ひとの冬のリアルライフ 新田美奈さん／大谷優依さん／波賀真由美さん／サリュコワ・マリアさん  
ART 2 今季のリアル  
ART 3 みんなに聞か

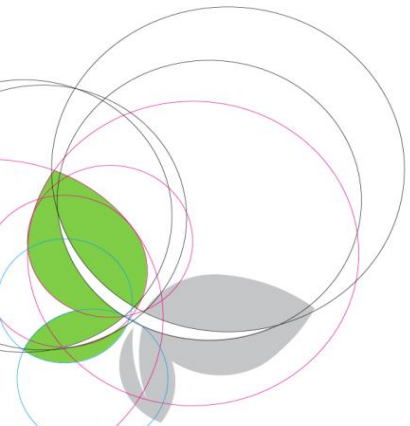
Avotini  
VESELĪBA AUGU  
larīvdabas funkcionālāi  
EKSPOZĪCIJA

the Power of Green



# Japānas tūroperatoru jautājumi

- Kas īpašs jāredz Latvijā – slavens, ievērības cienīgs?
- Kā var noklūt laukos?
- Apmeklējumi laukos – kā tas notiek?





# 40 tūroperatori interesējas par Baltijas lauku tūrisma piedāvājumu



Latvijas vēstniecība Japānā, Tokija, Baltijas lauku tūrisma seminārs 22.11.2017.



# Latvijas lauku tūrisma produkta piemēri tālajiem tirgiem





# Izvēles pamatojums:

- saimnieku vēlme sadarboties
- atraktīvs piedāvājums - programma
- detalizēta informācija/operativitāte
- sasniedzamība
- japāņu tūroperatoru interese
- “iespraudumi” jau esošajās tūroperatoru programmās



# Veselības augu kolekcija “Avotiņi” + pusdienas krogā “Sidrabiņi”



**Lauku Ceļotājs**  
Baltic Country Holidays

## GENERAL INFO:

*Package Type: Stopover Riga-Tallinn*

*Season: May - September*

*For whom: for groups (min 8. - max.45)*

*Package includes: Excursion and tasting in Herb garden + lunch*

*Duration of the package (excl. transportation from Riga): 4 hours (2h excursion + 2h lunch)*

*Type of transport: organized tourist bus*

*Distance from Riga: 76km*

## Herb garden and country style lunch

The distance from Riga to Tallinn is more than 300 km and it takes ~5h by bus. Therefore we suggest to make a stop on the way for a brief excursion in a herb farm and lunch in a country pub.

This stopover place is in ca 1.5 hours' drive from Riga, just on time to stretch one's legs and diversify the trip. It will give an insight in the country lifestyle and it may surprise the visitors with how Latvians live closely with nature, knowing and using herbs for food, health and beauty. After excursion, the group will have lunch in a country pub serving meals from natural and locally grown ingredients.

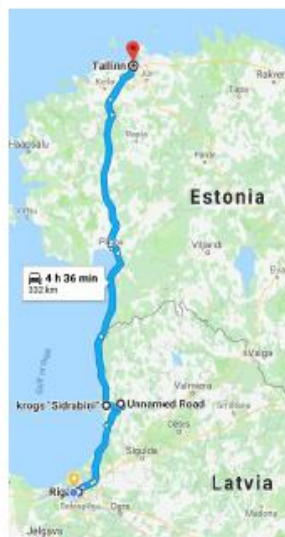
The whole stopover package with an excursion in the herb farm and with lunch (incl. drive) in the pub will take 4 hours.



An outdoor exhibition of health-related plants Avotiņi



Pub "Sidrabiņi"



- grupām maršrutā Rīga – Tallina
- 4 stundu programma



**celotajs.lv**



# Keramikas darbnīca “Ceplī” + pusdienas krogā “Sidrabiņi”



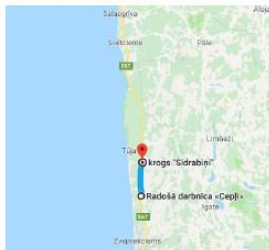
## ARRIVING at the ceramics workshop “Ceplī”.

Ceramics workshop “Ceplī” is run by Ingrīda Žagata, a Latvian potter who makes traditional pottery from earthenware and burns it in an open flame kiln. Usually she uses no glazing for the outside to smoke the pottery dark. During excursion Ingrida will tell and show how to make pottery and there will be a chance to try and make your own pottery masterpiece. Ingrida Žagata is a member of the Latvian Designers' Society. The ceramics workshop “Ceplī” is a member of Latvian Chamber of Commerce and Industry. Duration of the excursion is ~2h. Handmade pottery items are available for sale, payment in cash.



## DEPARTURE from ceramics workshop “Ceplī”

The pub “Sidrabiņi” is located ~8 km from the ceramics workshop “Ceplī” and the ride takes ~10 min.



## ARRIVING at pub “Sidrabiņi” and LUNCH.

This family run pub is located by the Riga - Tallinn road. It is a renovated historical wooden building. The owners have a meat processing facility next to the pub, therefore there are always fresh and tasty meals on the menu made from smoked meat products. Smoking is a traditional Latvian method to preserve and prepare food. Meat (usually pork, but also other meats can be smoked) is treated with spices (like salt, pepper, garlic and other), and smoked on wood. Traditionally, the best smoky taste is achieved by using alder wood. The pub offers traditional Latvian foods like pearl barley porridge with smoked bacon, gray peas, black pudding with fried bacon and apples, smoked pork with mustard, horseradish and home-made sauerkraut (stewed cabbage) as house specialty.

Here guests can enjoy a traditional 3 course meal and herbal teas.



- **grupām maršrutā Rīga – Tallina**
- **4 stundu programma**





# Baskāju taka + pusdienas

## “Valguma pasaulē”



**GENERAL INFO:**  
*Package Type: Day tour*  
*Season: May - August*  
*For whom: for groups (min 8, - max 45)*  
*Package includes: barefoot walking + lunch or dinner*  
*Duration of the tour (excl. transportation): 4 hours*  
*Duration of the walk: ~2 h*  
*Degree of difficulty: Easy to moderate hike*  
*Type of transport: tourist bus*  
*Distance from Riga: 60km*

**VIDEO:** <https://www.youtube.com/watch?v=KLf327obBE>

### Barefoot walking path in “Valguma Pasaule” recreation center

This outing will suit for groups (8-45 persons) and can be considered as an add-on to a tour programme.

The Barefoot Path is a 2600m long trail in natural environment where visitors walk barefoot and experience a variety of surfaces like pine cones, glass balls, small stones and shingles of various shapes, moss, fine sand, clay, river water, turf, gravel, reed, chipwood, pinewood log, wooden poles, millstones and many more. Walking barefoot has a number of positive health effects:

- Strengthens immune system
- Improves blood circulation and stabilises blood pressure
- Strengthens leg and foot muscles, joints, ligaments
- Enhances relaxed feeling, mental and physiological stability

The walk is guided by a professional guide (English speaking). Before the walk visitors receive an instruction. After walking the barefoot path, visitors usually feel energised, strong and happy. The walk is finished with a relaxing herbal foot bath.



- saskarsme ar dabu
- 4 stundu programma ar atgriešanos Rīgā





# Ķemeru purva laipa + pusdienas “Valguma pasaulē”



**Lauku Ceļotājs**  
Baltic Country Holidays

## GENERAL INFO:

*Package Type: Day tour*

*Season: April - October*

*For whom: for groups (min 8. - max.45)*

*Package includes: walking + lunch*

*Degree of difficulty: easy*

*Duration of the tour (excl. transportation): 4 hours (2h walking + 2h lunch)*

*Type of transport: tourist bus*

*Distance from Riga: 35 km (walking starts) - 60 km (lunch place)*

*Video: <https://www.youtube.com/watch?v=N86QanJAUx0>*

## The Great Ķemeri Bog Boardwalk

This one day outing is suitable for groups (walking group: 8-20 persons, bigger groups will be splitted in max 20 persons in each group) and can be considered as an add-on to a tour programme.

The Great Ķemeri Bog Boardwalk is a popular tourist destination in the Ķemeri national park, offering visitors a chance to explore the bog and its inhabitants. The boardwalk takes visitors to the world of moss, small pine trees, deep pools, tiny dark lakes, and the smell of wild rosemary. The astute visitor will notice the carnivorous plant of sundew, and a variety of birds – wood sandpipers, white wagtails, tree pipits, and also hear cranes further away. Those who prefer shorter strolls can take the small boardwalk arc (~1.4 km), while those who choose the great arc (~3.4 km) will be rewarded with the opportunity to climb an observation platform that offers a magnificent view of the bog from above.

The Great Ķemeri Bog Boardwalk has become a popular place for photographers of nature scenes in Latvia, regardless of the season or weather.



- droša dabas pieredze
- 5 stundu programma ar atgriešanos Rīgā





# Pastaiga Ķemeru purvā + pusdienas “Valguma pasaulē”



Lauku Ceļotājs  
Baltic Country Holidays

## GENERAL INFO:

Package Type: Day tour

Season for winter: December-March (if there is frost)

Season for summer: May - September

For whom: for groups (min 8, - max.15)

Package includes: bog shoe walking + lunch

Degree of difficulty: Moderate

Duration of the tour (excl.transportation): 5 hours

Duration of walk: ~2-3 h

Type of transport: tourist bus

Distance from Riga: 40 km (walking starts) - 60 km (lunch place)

VIDEO: for winter (from the bog Suda with similar landscape): [https://www.youtube.com/watch?v=9r2doWTI\\_TM](https://www.youtube.com/watch?v=9r2doWTI_TM)

Video for summer: <https://www.youtube.com/watch?v=nh0l3cQoMn4>

Enjoy the beauty of the The Great Ķemeri Bog -  
bog shoe walking in winter or summer

This one day outing will suit small groups (8-15 persons) and can be  
considered as an add-on to a tour programme.

The Great Ķemeri bog is beautiful, attractive and accessible both, in summer and  
winter time.

Two young Latvian nature scientists came up with the idea to offer bog tours some  
years ago. Since then, their bog tours have become extremely popular in Latvia as  
family fun, team building experience or nature lovers' escape. The tours are available  
for small groups, and the participants are given special bog shoes to make walking  
easier on bog surface in winter and in summer.

The route length in the Great Ķemeri bog is 6 km, and the guided tour takes 2-3  
hours. The guide tells about plant and animal life, about nature processes in the bog.  
The route shows the best landscapes in the bog and takes to its most attractive nature  
objects. Even in winter time when temperatures are below 0°C, people feel warm as  
walking takes some physical effort. The Great Ķemeri bog offers and excellent and  
safe opportunity to spend a day in wild nature just 40 km from Riga.

The route is not marked and cannot be taken without the specialised professional guide. The route is located in the Ķemeri  
national park.

## Equipment

Participants are advised to wear comfortable clothing according to the season. In  
winter time: gloves, winter caps, scarves, winter boots. In summer time - outdoor  
boots, windstopper jackets, caps. The participants will be provided with bog shoes.  
They are available for feet sizes 19 – 34,5 cm.



- Unikāla un droša dabas pieredze
- 5 stundu programma ar atgriešanos Rīgā



celotajs.lv



# Maizes cepšana "Caunītēs"



**Lauku Ceļotājs**  
Baltic Country Holidays

## GENERAL INFO:

*Package Type: Day tour*

*Season: January - December*

*For whom: for individual (min. 2pers.)  
or groups (min 8. - max.15)*

*Package includes: bread baking workshop + lunch  
Duration of the package (excl.transportation): 2.5 h*

*Type of transport: Public transport (train) or tourist bus*

*Distance from Riga: 40km*

*VIDEO: [http://galerija.celotajs.lv/lv/LV/f/Events/2017/170413\\_JPN\\_FAM/Japani/11\\_Japani\\_dazi\\_video](http://galerija.celotajs.lv/lv/LV/f/Events/2017/170413_JPN_FAM/Japani/11_Japani_dazi_video)  
(several clips in JPN language)*

## Bread baking workshop and country life in the country house "Caunites"

Bread baking is one of the most honoured traditional skills in Latvia as bread has always been one of the most important staple foods for Latvians.

"Caunites" is a country house that keeps Latvian traditions and shows them to visitors. The hosts master many of traditional skills in handicraft, music, making food, and they offer specialised excursion and workshop programs to groups and individuals. The house is designed and decorated in traditional Latvian style and carries authentic ambience while having modern facilities.

Bread baking is the most popular programme. Under guidance of the hostess, visitors bake their own loaf of sweet-and-sour bread in a wood-fired bread oven. Traditionally in Latvian families, it was one of the main duties of the mistress of the house, to bake a week's supply of bread for the whole family every Saturday morning. Everyone was proud of her own best recipe and passed it down to her daughters and granddaughters through generations. There are many traditional beliefs, sayings and riddles linked with bread in Latvian folklore. Today, there is great interest in old recipes, bread baking methods and use of ecological ingredients as many families go for healthy lifestyle.

The "Caunites" country house is located 40 km from Riga, the capital, and it can be easily reached by train or private transfer car. The time of the visit and programme should be booked in advance.



More photos: <http://www.celotajs.lv/lv/e/giry/caunites>



Location

Address: "Caunites", Cenu pag., Ozolnieku nov., LV-3018, Latvija

GPS: Lat:56.72267 Lon:23.79211

Distance from Riga: 40 km

Website: <http://www.celotajs.lv/en/e/caunites>

Host: Mrs. Santa Rubene with family

- 2,5 stundu programma ar atgriešanos Rīgā
- maizes cepšana, sarunas un stāsti, pusdienas
- iespējams ar sabiedrisko transportu





# Sēņošana Gaujas nacionālajā parkā

- 6 stundu programma:  
pikniks dabā, sēņošana,  
vakariņas viesnīcā  
“Kārļamuiža”



Dinner with the chef in “Kārļamuiža” country hotel

2h

Joint mushroom cooking workshop with chef and dinner in the “Kārļamuiža” country hotel. A professional chef will cook a mushroom meal for the group. The cooking is done as a presentation, in front of the group, with explanation of the recipe.

There will be also other foods without mushrooms.

The meal is served for the group in the hotel restaurant or, in good weather, on the restaurant's terrace.



Departure back to the hotel in Riga

1h 30 min



Your fungi guide: Ms. Diāna Meiere (ENG)

- Professional environmental guide
- Education: Master of Natural Science in Biology
- Board member of the Latvian Society of Biologists
- Permanent job at the Latvian Museum of Natural history
- Owner of two dogs that are trained for truffle fungi



celotajs.lv



# Dabas takas Gaujas NP



## GENERAL INFO:

Package Type: Nature hiking incl. overnight stay in the country hotel

Season: May - September

For whom: for individuals (min.2 -max 4pers.)

Package includes: independent hiking + overnight + meals

Degree of difficulty: Easy to Moderate

Duration of the package (excl. transportation from Riga): 24hours

Type of transport: public transport (train or bus)

Distance from Riga: 75km

VIDEO about hiking: <https://www.youtube.com/watch?v=UJrJGuokC4Q>

## Nature experience in the Gauja national park

This is a two day outing to the countryside to experience beautiful natural environment in the Gauja national park with landscapes, nature trails, seeing wild animals in open air enclosures. The area offers a number of marked nature trails for easy walking. In some places wooden boardwalks are installed. The area is slightly hilly that requires a bit of physical effort but rewards a hiker with beautiful landscape views.

Travelling options from Riga: train or bus, with a pick up service from the station in the countryside. Accommodation in a charming country hotel "Kārļamuiža". Meals in the hotel restaurant. The restaurant also provides takeaway lunch boxes. The country hotel is surrounded by a romantic landscape park and located in the Amata river valley. The location is 8 km from the historic town of Cēsis and 18 km from Sigulda town, in the middle of the Gauja national park. Distance from Riga is 75km.

After arrival to the "Kārļamuiža" country hotel, guests will check in their rooms, receive lunch boxes and printed information packets for getting out in nature trails. After return, dinner is served in the hotel restaurant from 19.00. It is recommended to book the time in advance. After dinner in the hotel, there is an option to take sauna. Sauna is not included in the package price and it has to be booked in advance, at the time of booking all other services. Next morning after breakfast guests can enjoy the nearest nature surroundings of the hotel or use some more hiking options as described in their information packets.



More photos: <http://www.celotajs.lv/en/elry/karlamuiza>

- Izbraukums ar nakšņošanu ārpus Rīgas – viesnīca “Kārļamuiža”
- Pastaigu taku maršruti dabā
- Vakariņas





# Apraksta formāts

**Lauku Ceļotājs**  
Latvian Countryside Explorer

**GENERAL INFO:**  
Package Type: *Scapes Riga-Tallinn*  
Season: *May - September*  
This package has access to the R... area only

**Herb garden - an outdoor exhibition of health-related plants: "Avotiņi"**

Address: "Avotiņi", Līdē, Līmbažu pag., Līmbažu nov., LV-4001, Latvia  
GPS: Lat:57.47557 Lon:24.60754  
Distance from Riga: 75 km

**DEPARTURE** from Riga to the herb garden "Avotiņi".  
"Avotiņi" is located ~75 km from Riga and the ride takes ~1h

**ARRIVING** at the pub "Sēdrāpiņi" and a **LUNCH**.  
This family run pub is located by the Riga - Tallinn road. It is a renovated historical wooden building. The owners have a meat processing facility next to the pub, therefore there are always fresh and tasty meals on the menu made from smoked meat products. Smoking is a traditional Latvian method to preserve and prepare food. Meat (usually pork, but also other meats can be smoked) is treated with spices (like salt, pepper, garlic and other), and smoked on wood. Traditionally, the best smoky taste is achieved by using alder wood. The pub offers traditional Latvian foods like pearl barley porridge with smoked bacon, gray peas, black pudding with fried bacon and apples, smoked pork with mustard, home-made sauerkraut (stewed cabbage) as house specialty. Here guests can enjoy a traditional 3 course meal and herbal teas.

**Pub "Sēdrāpiņi"**

**After lunch CONTINUE** your journey to Tallinn.



1. Vispārējā informācija
2. Ievads
3. Foto
4. Kartes
5. Apmeklējumu adreses, GPS, saimnieku vārdi
6. Detalizēts programmas apraksts
7. Papildinformācija - skaidrojumi



# Produkta apraksts – detaļas!!!



Lauku Ceļotājs

Baltic Country Holidays

*Duration of the package (excl. transportation from Riga): 4 hours (2h excursion + 2h lunch)  
Type of transport: organized tourist bus  
Distance from Riga: 76km*

## Herb garden and country style lunch

The distance from Riga to Tallinn is more than 300 km and it takes ~5h by bus. Therefore we suggest to make a stop on the way for a brief excursion in a herb farm and lunch in a country pub.

This stopover place is in ca 1.5 hours' drive from Riga, just on time to stretch one's legs and diversify the trip. It will give an insight in the country lifestyle and it may surprise the visitors with how Latvians live closely with nature, knowing and using herbs for food, health and beauty. After excursion, the group will have lunch in a country pub serving meals from natural and locally grown ingredients.

The whole stopover package with an excursion in the herb farm and with lunch (incl. drive) in the pub will take 4 hours.



An outdoor exhibition of health-related plants: Avotiņi



Pub "Sīdrabiņi"

**GENERAL INFO:**  
*Package Type: Stopover Riga-Tallinn  
Season: May - September  
For whom: for groups (min 8. - max. 45)  
Package includes: Excursion and tasting in Herb garden + lunch  
Duration of the package (excl. transportation from Riga): 4 hours (2h excursion + 2h lunch)  
Type of transport: organized tourist bus  
Distance from Riga: 76km*

## TEHNISKĀ INFORMĀCIJA:

**Veids:** pietura maršrutā Rīga - Tallina

**Sezona:** maijs - septembris

**Kam:** grupām (min. 8 - max. 45)

**Iekļauts:**

ekskursija un degustācija  
ārstniecības

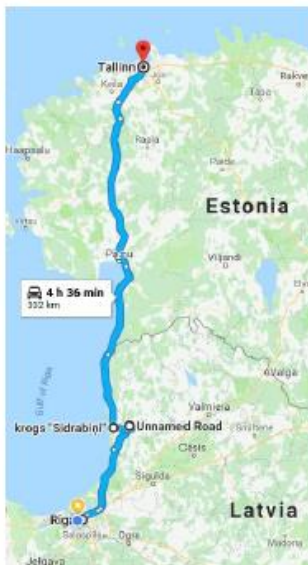
augu dārzā "Avotiņi" + pusdienas

**Programmas ilgums:**

4 stundas (2h ekskursija + 2h pusdienas)

**Transports:** tūristu atobuss

**Attālums no Rīgas:** 76km





# Apraksta stils – tikai precīza informācija

The distance from Riga to Tallinn is more than 300km and it takes ~5h by bus. Therefore we suggest a stop on the way for a brief excursion in a herb farm and lunch in a country pub. This stopover place is in ca 1.5 hours' drive from Riga, just on time to stretch one's legs and diversify the trip. It will give an insight in the country lifestyle and it may surprise the visitors with how Latvians live closely with nature, knowing and using herbs for food, health and beauty. After excursion, the group will have lunch in a country pub serving meals from natural and locally grown ingredients.

The whole stopover package with an excursion in the herb farm, a short drive to the country pub, and lunch will take 4 hours.

...ar ~~senā~~ elpu...

...no hercoga ~~lūkaba~~ laikiem...

...viss ir iespējams...

...nāksiet pasaku valstī...

...ekskursijas beigās - pārsteigums...



# Programmas apraksta piemērs – “Caunītes”

SAGAIĀŠANA (~15 min):

- stacijas nosaukums, saimnieka vārds
- brauciena laiks, kāds auto

IEPAZĪŠANĀS AR MĀJU (~30 min.):

- stāsts, cienasts

MAIZES CEPŠANA (~30 min):

- iepriekš sagatavota mīkla, viesi veido kukuļus

PUSDIENAS (~50 min):


- pusdienās tradicionāla zupa ar maizi

MAIZES IZŅEMŠANA (~30 min):

- viesi dabū līdzīgu savu klaipiņu

ATGRIEŠANĀS RĪGĀ

- saimniece aizved uz staciju



**PICK UP** at the station “Dalbe” and transfer to the country house “Caunites” (~15 min)  
Mrs. Santa Rubene, the host of the country house “Caunites” will pick you up at the train station “Dalbe” with her private car and will take you to “Caunites”. The ride takes ca 15 minutes.

**WELCOME INTRODUCTION** of the country house “Caunites” (~30 min)  
The host Mrs. Santa Rubene will show the guests around the country house and briefly introduce its history. afterwards there will be a tea or coffee break with some traditional snacks.

**BREAD BAKING** workshop (~30min)  
The host will give instructions how to make a loaf from a previously prepared dough. The host will tell about bread baking traditions and skills. For bread baking, guests are equipped with a special hat and an apron provided by the host. When the bread loafs are ready, the host puts them in the oven.

**LUNCH / DINNER** (~50 min)  
After the bread baking workshop, while the bread is baking the host serves a lunch - traditional soup with bread.

**TAKING OUT THE BREAD FROM THE OVEN** (~30 min)  
45 min after putting the bread in the oven it is ready. After taking it out of the oven bread should cool down 15 min and then it is ready for tasting and packing for take away. The guests get their own bread loaves to take with them.

**RETURNING** to Riga (~1 h)  
After the meal and taking the bread out of the oven the programme is over and the host brings you back to the station “Dalbe” for the train to Riga. You can buy a train ticket in advance in this site: <http://pv.lv/en/> or in train by cash.





# Papildu skaidrojumi - sēņošana

## Mushrooming equipment

For own comfort and safety the participants are recommended to wear outdoor clothing (long trousers, warm and weatherproof jackets, etc.) and footwear (rubber boots or hiking boots). It is recommended to have a light raincoat and an umbrella. Group participants are instructed how to look for mushrooms, how to recognise edible mushrooms, and how to collect them. Group participants also are instructed for safety precautions in the forest. Each group participant receives a small basket, a special knife and a pair of gloves to pick mushrooms.



## Forest environment

The forest terrain in the selected mushrooming spots is easy to walk, covered with moss, fallen leaves and small plants. Occasionally there are bushes, some fallen trees or wet spots.



## Tour schedule

This table shows brief overview of the tour schedule. The following chapters explain details transportation, facilities and other essential information.



Rīga – Gauja National park

1h 30 min

Departure from the hotel in Riga to the country hotel “Kārļamuiža” in the Gauja National park. Distance from Riga 75km. Duration of the ride from Riga to “Kārļamuiža” country hotel 1h 30min.



Meeting with the professional fungi guide

30 min

At “Kārļamuiža” country hotel: getting lunch box, meeting with the professional fungi guide, briefing and preparation for mushroom picking. Mushrooming equipment - baskets, knives and rain coats will be provided for each person.



## Mushrooms

The most popular edible mushrooms are russulas and various boletus tree-fungus – Sheep polypore (Ramaria aurea), (Haploporia) (Macrolepiota procera), (Cantharellus nigrolimitatus)

- Sīks laika plāns
- Sēņu gids
- Sēņu sugas
- Sēņošanas apģērbs un aprīkojums
- Meža vide



# Naktsmitnes apraksts – “Kārļamuiža”



Total number of rooms: 9 (each room is different)

- 2 Standard DOUBLE (with private WC and shower) + 1 Standard TWIN (with private WC and shower) + 1 Suite DOUBLE (with private WC and shower) + 1 Superior DOUBLE (with private WC and shower) + 1 Standard TRIPLE (with private WC and shower) + 1 Superior TRIPLE (with private WC and shower) + 1 Standard QUADRUPLE (with private WC and shower) + 1 APARTMENT (with bedroom, living room, private WC and shower)



- Precīzs istabu veids un skaits
- Istabu atrašanās vieta – ja nav vienā ēkā
- Precīzs gultu veids un skaits
- Līdzvērtīgs serviss katram grupas dalībniekam - vienlīdzība!

Kopā var izmīnāt 24 cilvēkus





# Produktu apraksti - LC profesionālo jaunumu sadaļā angliski



Lauku  
Ceļotājs  
celotajs.lv



Baltic Country Holidays - Latvia, Lithuania, Estonia

EN LV DE RU

Accommodations Tours Worth seeing Map Professionals About us Login

## New tour packages in the countryside of Latvia

01/08/2018



We have come up with some carefully detailed programs in the countryside that might catch the interest of individual travellers and groups alike. They can be experienced as stopover visits with lunch in the countryside if you are on a longer touring route, or as 1-2 day outings for people staying in Riga. The program descriptions include maps, distances, timing, facilities, contacts and other practical details that help to plan your trip. Get inspired to explore the countryside!

Like 0 Share Ieteikt G+ Tweet

### 1. Mushrooming in the Gauja national park (day tour)

Mushrooming is a national passion in Latvia, Estonia and Finland. Trying out a mushrooming experience is part of getting to know the local life and doing things the way locals are doing. Since centuries, wild mushrooms have been part of our cuisine, therefore we know for sure where and how to find edible fungi. Our countries are rich in forests that can be reached as shortly as within an hour's drive from the city. Fungi love mild and wet weather, which is usually from mid August to mid October. This is when the mushroom "hunting" season rules. Quiet forest roads fill with cars on early weekend mornings and people carrying baskets full of mushrooms is a common sight on country roads and trains coming into the city. Social networks are full of photos posted by proud mushroom

www.celotajs.lv/g/www/news/2018/Typical\_landscape9\_Kemeru\_national\_park.JPG?size=1024

st beautiful mushroom or for the largest quantities picked in the

Search

News

Accommodations

SPA and special offers

Car rental

Ferries

Baltics

Booking

Publications

Links

Contact us

Twitter Facebook RSS Email

Atvertās dienas laukos

<http://www.celotajs.lv/en/news/item/view/741>

celotajs.lv





celotajs.lv



**Latvijas lauku tūrisma asociācija "Lauku ceļotājs"**

Kalnciema iela 40, Rīga, LV-1046, +371 67617600

E-pasts: [lauku@celotajs.lv](mailto:lauku@celotajs.lv) Facebook: [Lauku Celotajs](https://www.facebook.com/LaukuCelotajs) [twitter.com/Laukucelotajs](https://twitter.com/Laukucelotajs)